

Methuselah

Methuselah was a biblical patriarch and a figure in Judaism, Christianity, and Islam. Having died at the age of 969, he lived the longest of all figures mentioned in the Bible. According to the Book of Genesis, Methuselah was the son of Enoch, the father of Lamech, and the grandfather of Noah. [Wikipedia](#)

Born: [3317 BC](#), [ancient Near East](#)

Children: [Lamech](#), [Rakel](#)

Parents: [Enoch](#), [Edna](#)

Grandchildren: [Noah](#), [Emzara](#)

Grandparents: [Jared](#), [Baraka](#), [Danel](#)

Great-grandparents: [Mahalalel](#), [Rashujal](#), [Dinah](#)

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According to the Book of Genesis, **Methuselah** was the son of Enoch, the father of Lamech, and the grandfather of Noah. Elsewhere in the Bible, **Methuselah** is mentioned in genealogies in 1st Chronicles and the Gospel of Luke.

Jared

Additionally, **Jared** was a forefather of **Noah** and his three sons. **Jared's** age was given as 962 years old when he died, making him the second-oldest person mentioned in the Hebrew Bible and the Septuagint.

Noah

Quran 29:14 states that **Noah** had been living among the people who he **was** sent to for **950** years when the flood started. And, indeed, [in times long past] We sent forth **Noah** unto his people, and he dwelt among them a thousand years bar fifty; and then the floods overwhelmed them while they were still lost in evildoing.

(**Enoch** and Elijah are said in scripture to have been taken into heaven while still being alive on Earth and not yet experiencing physical death.) On November 1, 1950, Pope Pius XII, acting ex cathedra, issued Munificentissimus Deus, an authoritative statement of official dogma of Roman Catholicism.

Neminatha - 22nd Jain Tirthankar - 3,200 BC

Lived to the age of 1,000 years.

Moses - 1,500 BC

Lived to the age of 120 years.

Mahavir - 24th Jain Tirthankar - 540 BC to 468 BC

Lived to the age of 72 years

Gautam Buddha - 563 BC to 483 BC

Lived to the age of 80 years

Jesus Christ - about 5 BC to 35 AD.

Lived for about 40 years

Mahavtar Babaji - about 50 BC to 1900+ AD (My guess)

Lived for about 2,000 years.



Deepak Chopra, M.D. - 1993
(46 years old)



Deepak Chopra, M.D. - 2019
(73 years old)

Deepak Chopra is basically an author and has done a lot of fact finding research while writing his books. He moved over from allopathy to Ayurveda at a very young age and became a prolific writer.

In his TV interview with Oprah in 1993, he speaks about removal of toxins from the body (which is a concept in Ayurveda since thousands of years back), and creates the ground work for the possibility of living past the allopathy accepted age of 130 years.

It is important to note that, the toxins referred in Ayurveda, are those that entered the body or were created through the food that we eat. These did not include the additional toxins of modern times, where heavy metals such as arsenic, cadmium, mercury, lead, aluminum and nickel, have entered the environment, due to industrialization. In addition, we have toxins due to synthetic hormones from petrochemical products in our environment and also bovine hormones from the dairy and meat industry. We are also surrounded by electromagnetic radiation (electronic smog) of all sorts, AC power, cell phone towers, laptops, tablets, mobile phones and quartz crystal / battery watches and wrist mounted health devices / mobile phone which inject toxic electrical signals into our body and imbalance the endocrine system.

So unless we can periodically neutralize all these toxins in our body, it will be difficult to achieve a life span of 100+ years.

But, you can see from the above two photos, taken 27 years apart, that he has aged considerably, due to urban living / environment and exposure to toxins.

Another method practiced by yogis to achieve improved life span, is to move from food and water to pranic energy to sustain the body. We find reference to Giribala in Autobiography of Yogi by Parmahans Yogananda. In modern times, we have Pralhad Jani, who has not eaten food or taken water for 70 years.