

Name : _____ Date : 2/22/2021

(mm/dd/yyyy)

Age : 52 years Height : 5 ft 11 inches Body Weight : 75.0 Kgs / 165 Lbs

DOB : _____ Gross Fat : 21.6 % (0)

(mm/dd/yyyy)

Fat Change: _____

Old Body Weight : _____ Kgs _____ Lbs Change : _____ Kgs / Lbs

Gr. Fat : _____ % (_____) Date : _____ In Years : _____

LMP : _____ pH : _____ B.T. _____ F. BP : _____ / _____ P = _____

Flow / Cycle: _____ (on : _____) BPs : _____ / _____ Ps = _____

Rx = _____ BPs : _____ / _____ Ps = _____

Date:	2/18/21	Page No.	Optimum	Date:	2/18/21	Page No.	Optimum	Remarks
(mm/dd/yy)			W/O Rx	(mm/dd/yy)			W/O Rx	
Anemia:				Toxic Metals:		6		
Fe				As	3.12		< 0.5	
Transferrin %				Cd	2.15		< 0.15	
Ferritin				Hg	3.97		< 0.5	
Hb	14.9	5		Pb	25.45			
Folate	> 24	17	< 20	Al	27.16		< 3.0	
Folic Acid	0		0	Ni	1.64		< 1.5	
B12	0		0					
Co				Minerals:				
Cu	0		0	Cu				
				Zn				
Diabetic Profile:	Prediabetic			Mg				
FBS	98.6		7	Ca				
Insulin (Fasting)				Mn				
HbA1c	5.7	4	< 5.0	Cr				
Cr	0		0	Se				
Zn	0		0	Mo				
Mg	0		0	V				
				Ag				
Thyroid Profile:								
FT3 / FT4				Electrolytes:		30		
T4 / T3				Na	142.9			
USTSH / TSH				K	5.11			
Zn	0		0	Cl	101.5			
AMA / ATG								
Se	0		0	Miscellaneous:				
				D3				
Liver:				Cortisol				
Total Bilirubin				Homocysteine				
SGPT / ALT				hs-CRP				
SGOT / AST				ESR	34	3		
GGT				TLC	9,220	5		

Date: (mm/dd/yy)	2/18/21	Page No.	Optimum W/O Rx	Date: (mm/dd/yy)	2/18/21	Page No.	Optimum W/O Rx	Ref.Range
Renal Profile:				Vitamins:				
Uric Acid				A				
BUN				E				
Creatinine				K				
Cystatin C				B1				
Microalbumin				B3				
eGFR				B5				
Enzymes:				B6				
Amylase				Folate	> 24	17	< 20	
Lipase				Folic Acid				
				B12				
Lipids:				LMP Dates:				
Total Cholesterol	284		< 270					
LDL	207		< 180					
				Progesterone				
Testosterone	854.14			Interleukin-6	2.7	48		
PSA				G6PD				
Free PSA								
Cancer Profile:	High Risk - Chain Smoker			Covid Vaccination: end Nov and end Dec				
CA 15.3				Covid IgG	> 20	43	< 1.0	
CA-125				Covid Total	0.05	43	< 0.80	
CA 19.9	19.9	36	< 10	Thermal Scan				
CEA	2.64	40	< 2.00	O2 Saturation				
ESR	34	3	0	Pulse				
Urine:				Cardiac Profile:				
Bacteria				LVEF				
Crystals								

Notes: Page Numbers given above are the pages in the blood report file sent earlier.

Optimum: Reflects the value found in healthy people - goal required to be achieved.

Remarks: