

**rText of speech given by Dr. Sharad R. Shah, M.B.B.S., F.R.S.M. (London)
at the Seminar on “Future of Anti-Aging Medicine”
on Sunday March 01, 2009**

I am Dr. Sharad Shah, Staff Physician of Lilavati Hospital & Research Centre, Mumbai.

First of all, let me welcome all of you on this pleasant morning for a seminar in this magnificent hall. The subject of the Seminar is “Future of Anti-Aging Medicine”, and the speaker is Pramod Vora who has recently flown in from California to share his valuable knowledge and research with us.

During the last decade, he has been a constant visitor to India and has taken great pains to arrange many great seminars for the continued education of Doctors in India, to bring them up to date with developments abroad and also in his own Research Labs.

I have personally attended almost all of his Seminars and found them highly informative and useful. At his Health Center, Allopathic and Ayurvedic Doctors and Nutritionists have worked side by side, to achieve miraculous bottom line results for their patients. His Health Center employs about 40 people and occupies a building with an area of about 7,000 sq. ft. in Marol, very close to the International Airport.

Pramod has invested over 40 years of his life in Research in the fields of Health Care and Bio-technology and invested millions of Dollars pursuing his passion for health care.

Some of his achievements are:

- i) Pioneering research done in detoxification and rejuvenation (servicing repairing) various organs of the body, along with before and after Pathological studies to prove beyond doubt the ability to Anti-Age the human body and help achieve longevity well past a 100 years.
- ii) Pioneering research done in Intracellular Nutritional for repairing various organs of the body and in treatment of chronic ailments of all types e.g. Hypertension, Diabetes, Cardiac Diseases, Hormone Imbalance including Hypothyroidism, PCOD / PCOS, Menopause, Andropause, Prostate Enlargement, Obesity, Osteoporosis, etc. to name a few, with fairly good success rate.
- iii) Landmark Research done in generation of Nano Silver and treatment HIV-1 Virus and numerous other pathogens. This work is also certified by an independent Research Laboratory.
- iv) He has even been awarded a Patent from the US Patents and Trademark Office.

Over 200 Senior Doctors and over 100 Celebrities have undergone treatment at his Health Center which has served about 7,000 patients during the last decade.

Quite a few Senior Doctors have also had the opportunity to intern at his Health Center.

Continued on Page 2

When I say, I will speak a few words about Pramod, I am unable to express myself very clearly, because it is virtually impossible to speak about him by using a few words. In fact, “Just a few words” do not suffice. Any efforts to introduce him by any number of words, will be inadequate and hence shorter I remain, the sweeter and better.

I have had the pleasure of closely knowing Pramod for over 10 years now. I have attended most of his Seminars for the medical fraternity in this very same hall since he started regularly visiting India in 2000. These were on diverse topics like Hormone Imbalance in Males and Females, Hypothyroidism, Nutritional Healing, Misuse of Antibiotics, Probiotics, By Passing the Bypass, etc. All were very informative and on the leading edge of medical science and with up to date information from USA.

During those years, I also had the good fortune to sit with many patients at his Health Center coming with all kinds of chronic health problems. I had the opportunity to participate in customizing “Protocols of Treatment” for each of these patients and also in monitoring their progress over an extended period of time. The results achieved in each case were not only mindboggling but also miraculous. We will go into some of these cases later in the day today.

I am very happy to say that my personal experience with Pramod is very good. In him we find not only an excellent Health Counselor, but an able clinician as well. We will soon realize he is very good orator and it is a treat to listen to him speak. He has such a wealth of knowledge to share with the medical community.

I have specially noted two very important merits in him.

No. 1 he possesses very good communication skills, which we as medical practitioners invariably seem to be lacking. Some time back I came across an interesting article in J.A.P.I. (Journal of Association of Physicians of India) October 2002 issue. It was about the survey conducted evaluating of the communication skills of physicians. They were divided into 3 groups: Teachers, Practitioners and Students. The results were shocking. Only 2% of the physicians had good and effective communication skills, 15.6% had “just convincing” skills and the remaining 82% were poor communicators. Surprisingly enough, those who were teachers (lecturers and professors) were the worst performers.

Communication skills are an integral part of patient care and management in medical practice. My object of narrating the data recorded in this article, is to observe and to realize what wonderful communication skills Pramod possesses and how best we all can learn from him – simply by listening to him.

Another good point I realized is his remarkable follow-up system with patients. He has a knack of always staying on the top of the situation to ensure that seemingly impossible results are achieved with ease.

I will now like to request Pramod Vora to begin the proceedings of this seminar on “Future of Anti-Aging Medicine”.