

Text of the Speech delivered  
by  
Guest Speaker Dr. Praful Dave, G.F.A.M.  
on July 21, 2002

I am Dr. Praful Dave a General Practitioner at Ghatkopar who has specialized in both Ayurvedic and Allopathic Medicine and practiced the same for over 45 years.

Let me give you a short introduction on Health Counselor Pramod Vora who has specifically flown in from Los Angeles to be our Speaker today on Antibiotics and Probiotics.

For almost three years now, January 2000 to be precise, Health Counselor Pramod Vora has been a frequent visitor to India and has taken great pains to arrange many Seminars for the continued education of Doctors in Bombay, to bring them up to date with the developments abroad and in his own Research Labs. Topics covered have been Hormonal Imbalance for Males and Females, Hypothyroidism, Nutritional Imbalances, By passing the Bypass, etc. etc.

I have personally attended quite a few of these Educative Seminars and found them highly informative and useful.

In a very short span of 3 years he has established a fine Health Center in Andheri where Ayurvedic and Allopathic Doctors and Nutritionist have worked side by side to achieve Miraculous bottom line results for their Patients. The Center today has over 40 employees in its various Departments. One of his original concept has been Medical Foods which we will get to see first hand today. These are Foods with Therapeutic action.

I am one of those fortunate Doctors who have truly benefited from coming to these Seminars. I was a Systolic Hypertension patient for the last 7 years. With a comparatively simple Protocol that he Custom Designed specially for me, I was able to reduce my BP to 130 / 80 with a few week of starting the Program. I was truly fortunate to have meet Pramod and to have seriously implemented his Protocol. This is a Drugless Therapy without any use of Chemicals, Steroids or Hormones; safe, totally Natural and Non invasive.

SpaceAge Health Center has been offering Free Consultation and hands on training to Doctors all these years and is looking forward to doing so in the future with the active support of Doctors in Bombay. In a short span of 3 years over 150 Doctors have been helped by him for many different Chronic Ailments. Over a 1000 Doctors have attended his Seminars and have been personally coached by him. He has written out Protocols of Treatment for many of their Patients and family members.

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Over one hundred Celebrities of India have visited his Health Center and have benefited from his Counseling. The latest addition to the ever-growing list of Celebrities is Ms. Yukta Mookhey – Miss World 2000. I was surprised to see a press interview up on the Front Page of Bombay Times of last Monday given by Ms. Yukta Mookhey opposing Starvation Dieting a concept being promoted by Pramod for all these years. – “Why Women Should Not Diet” As a matter of fact, he has been instrumental in guiding quite a few Weight Loss Clinics in Bombay to not ask their Clients to diet. For those who did not have a chance to read this Interview in the Bombay Times Front Page, here is the story. At the age of 23 Yukta has got weak Bones a situation created by starvation dieting over prolonged periods. Counselor Pramod Vora is the creator of a new concept called Hormonal Sliming which does not require Dieting and / or Exercise. More information on this has appeared in the My Doctor Magazine of June 2002. He has been a constant writer for this Magazine this year. One more article appeared in June on Misuse of Antibiotics.

I am truly happy to have met Pramod and wish him all success in Modernization of Medicine and Ayurveda and in his Quest for Perfect Health for all and in continued education of the Medical Profession.

I am really looking forward to hearing him speak on Antibiotics and Probiotics today.

Before I ask him to speak, I would also like to introduce you to one more Doctor who is in our midst today who must have been the guiding sprit behind all that Pramod has done for the Medical Community.

He is Dr. (Major) Maganlal Vora. He is the Senior most Doctor in our midst today having passed from the Grant Medical College in 1935. There after he did his Post Graduation in Dermatology and venereology. He was attached to numerous Hospitals – JJ, City Fever Hospital at Arthur Road, St. Georg’s Hospital. He also served in the Indian Army as a major during World War II. Today he is 94 years old and the beauty of it all is, that he is in Perfect Health - No Diabetes, No Blood Pressure, No Heart Disease, No enlarged Prostate. His Testosterone levels are pretty high even at this age. He can climb up Pali Hill which he does every day which is at a height of about 200 feet non stop and without panting. A feat by itself at his age. I am sure many of our younger Doctors in this room will reach up panting.

I am sure some part of this miracle could be attributed for what Pramod has been doing for him in the recent years. He is perhaps the living proof of his knowledge in achieving a state of Perfect Health. Let us all give Dr. Maganlal Vora a big hand of applause and wish him Godspeed and good health to 100 years and more.

Let me now invite Health Counselor Pramod Vora to begin his Seminar on Antibiotics and Probiotics.

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I have great pleasure in giving a testimonial to Shree Pramod Vora who gave me treatment for persistent Systolic hypertension of about six to seven years duration.

He gave me two long sessions for history - taking and counselling, each session of more than one hour duration, During which he was very particular to know in detail about all the aspects of my case.

I appreciate his multi angular as well as holistic approach with good clinical judgment after careful and thorough study of my case and I also appreciate the treatment he gave to me, particularly Ayurvedic herbal formulae - which proved to be a wonderful boon to me.

I must say that I was benefited only after four to six weeks of treatment, although the whole course of treatment was for three months. On the whole it was a smooth course and the response remained steady and sustained.

My family members and my self are really grateful to him and will always remain so, for what he has done for us.

With good wishes.

*Love P P*

Dr. Praful Dave



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Colleagues and friends,

I am Dr. Praful P. Dave, a general practitioner, at Ghatkopar. I am qualified in Ayurved as well as Allopathy, both the systems of medicines and have been doing private general practice since 1957 i.e. for over 45 years.

First of all, let me welcome all of you, this pleasant afternoon, for the seminar in this magnificent hall. The subject of the Seminar is "By Passing the By Pass Surgery" the speaker being Shri Pramod Vora.

It is a matter of great pleasure to me say a few words about Shri Pramod Vora, who has invited all of us for to-days Seminar.

When I say that I will speak a few words for Shri Pramod Vora I think, I am unable to express myself very clearly, because it is virtually, not possible to speak about Shri Pramod Vora by using mere few words. In fact, it is my feeling that "Just a few words" do not suffice. Any efforts to introduce him by any number of words will be inadequate and hence, shorter I remain, the sweeter and better.

As far as I remember, I had first attended his seminar in the month of July 2002, and since then I have been very regularly attending most of the seminars held.

When I had first time attended his seminar on nutrition, I was not in a good state of health, I was just recovering from my cardiac illness and I was feeling giddy and having sinking sensations as I had come from Ghatkopar. I had never thought at that time, while feeling these sensations, that I would be speaking and introducing Shri Pramod Vora to the audience in future, after a few months only, as I am doing it today on this platform.

I have been attending Shri Pramod Vora's seminars very regularly since then, and this motivated me to approach him for counseling.

Since last few years I am suffering from hypertension, mainly Isolated Systolic type very resistant to the Standard modern treatment, given by Competent Cardiologists. I was desperate and sought Pramod Vora's advice, who studied my files well, listened to all my talks well and gave me treatment – protocol for 3 months. I followed it well and felt fine. Today also I am feeling fine. Before Shri Vora's treatment my B.P. was shooting upto 170/90 which now remains at 130/70 mm/Hg. After having Dr. Vora's Protocol all my E.C.G.'s reports are normal, and all other reports are good.

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I am very happy to say that my personal experience with Pramod Vora is very good. In him, we find, not only a good counselor but an able clinician also. We will soon realise that he is a good orator and it is a treat to hear him. He is such a knowledgeable person! I have specially noted two important merits in Shri Vora Saheb.

No. 1 he possesses a very good communication skills in which we, as medical practitioners, are lacking. I recently read an interesting article in J.A.P.I (Journal of Associations of Physicians of India) in the 2002 Oct. issue – it was about the survey conducted regarding evaluation of the communication skill in physicians who were divided into 3 groups, Teachers, Practitioners and Student. The result was shocking – only the 2% of the physicians who participated, had a good and effective communicating skills, 15.6% had “just convincing” skills and the remaining 82% was poor communicators and surprisingly enough – those who were the teachers (lecturers and professors) were the worst performers.

Now – Communication skill are the integral part of the patients care and management in the medical practice and my object of narrating the facts of this article is to observe and to realise what wonderful communication skill Shri Vora possesses and how best we all can learn from him – Simply by listening to him. Another good point I realised is his remarkable follow-up system. I have experienced a unique phenomenon in my case.

If by chance, due to laxity or inadvertence, the patient fails for follow up, Shri Pramod Vora, Invariably catches the patient, at a very right moment and that too, without making the patient feel any embarrassment. He makes the patient follow-up properly and very regularly, and friendly too.

In my case, I was perhaps, his worst patient, as I did not show him my face nor I conveyed any reports for a period of three months after seeing him, and collecting the protocol given by him.

Of course, I was following the treatment very sincerely and with religious regularity.

I reported to him after exactly three months after all the treatment was over when all my reports were normal and I was feeling fine. My BP reading was 130/70 at the end of treatment.

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My Cardiologist had only one comment "Fantastic"

After this, we are having a very good rapport between ourselves and having good and regular communication. I have to admit, of course, the Shri Vora follows-up me more regularly rather than myself following him regularly. Being much younger to me in age, he takes good care of me and makes me feel that he is my elder brother. I feel, myself being much supported by him and I feel quite confident. My family members and myself are very much thankful and grateful to him for what he has done for us and still doing a lot – and we will always remember him so.

An evaluation of my health situation almost 9 months after implementing the Protocol developed by Shri Vora is as follows:

1. No Diabetic medication (Semi-Glinaze or Mixtard) taken during the last 4 months and blood sugar levels have been perfectly normal during this period.
2. No evidence of Ishaemic Damage to LV Myocardium or other Cardiac abnormality detected two years after my first Myocardial Infraction.
3. Blood Pressure reduced from high of 170/90 to around 130/70 with reduced. Blood Pressure Medication.
4. LVEF improved from 60% to 65% which is creditable at my age of 72 years.



Dr. Praful P. Dave