

Issued in Public interest by:

Hormone Support Help Line

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Subject: Bioidentical Hormones (for Males & Females)

Ladies and Gentlemen:

In July 2002, the National Institute of Health (NIH) cautioned Doctors and Patients about the use of Synthetic Hormones like Premarin, Provera, Prempro, Estradiol, Estrace, Gynodiol, Diane, Evalon, Lynoral, Ovral, etc.

The findings of this elaborate study, carried out over quite a few years and thousands of patients, has left millions of consumers worldwide in a quandary with Doctors now refusing to prescribe Synthetic Hormones as a result of this study. Copy of these findings is enclosed for your ready reference.

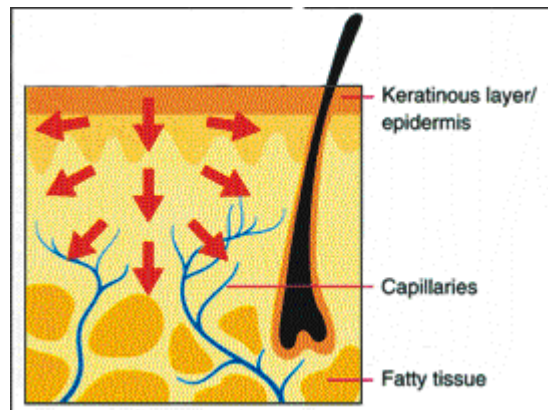
The good news is that, this unique situation has opened up an entirely new field in the development of Hormone Replacement Therapy (HRT) using Natural Hormones derived from food sources like Soy and Wild Yam, which are absolutely identical to Human Hormones. When properly administered with periodic monitoring, these Natural **and Bioidentical Hormones** literally guarantee **"No Side Effects"**.

SpaceAge Health Center Laboratories has Compounded the following Body Gels using these **Bioidentical Hormones** derived from food sources:

Name	Dose	Weight	Good For	Hormone
Progest Gel	25mg / gm	15 gms	2 months supply	Progesterone → Hormones
Progest XL Gel	50mg / gm	15 gms	2 months supply	Progesterone → Hormones
Triest Gel (Low Dose)	1.2mg / gm	15 gms	2 months supply	Estrone (E1) 10% Estradiol (E2) 10% Estriol (E3) 80%
Biest Gel	1.6mg / gm	15 gms	2 months supply	Estradiol (E2) 20% Estriol (E3) 80%
DHEA (F) Gel for Females	10mg / gm	15 gms	2 months supply	DHEA → Hormones
DHEA (M) Gel for Males	25mg / gm	15 gms	1 to 2 months supply	DHEA → Hormones
DHEA Pro (M) Gel for Males	25mg + 10mg / gm	15 gms	1 to 2 months supply	DHEA + Progesterone

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Transdermal Method Of Delivery

A Hormone Gel uses a **Transdermal** method of delivery - allowing the skin to absorb the ingredients within the Gel at even, consistent levels over several hours. Unlike pills which must be taken several times a day, the Transdermal method requires only a single application. The Hormones in a Transdermal System bypass the intestinal tract and are absorbed directly into the bloodstream where they are really required. The Hormone Gel can provide a consistent dose of medication for 12 to 24 hours. This is why Body Gels are a very superior and preferred method of delivery of Hormones to the Human Body, compared to pills and injections, which are plagued with problems of Highs and Lows.

As you are aware, High doses of all Hormones (including Insulin) cause the related Endocrine Glands to reduce production of Hormones, and when used for a prolonged period of time, they eventually shut down and atrophy. This is why once you start a Patient on Insulin the dose can only go up, never down.

It is therefore absolutely essential to use the lowest possible dose to correct Hormonal Imbalance. Just because there is no Risk of Side Effects, (as found with synthetic Hormones), it does not mean that you should use these Bioidentical Hormones in liberal doses without periodic monitoring.

The rule when administering any Hormones should be:

Minimal Dose Is The Best When Used For The Shortest Possible Time.

Excessive doses of Hormones always upset the delicate balance amongst the various Hormones in the human body and will put the whole body, mind and emotions of the person totally out of whack.

As a long term strategy, it would be also advisable that you concurrently begin using "Safe Natural Stimulants" to encourage the Endocrine System to produce more of its own Natural Hormones, while simultaneously correcting the Nutritional Imbalance in the body.

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SpaceAge Health Center Labs has therefore formulated the following Herbal and Dietary Supplements, to stimulate various Glands of the Endocrine Systems to produce more Natural Hormones:

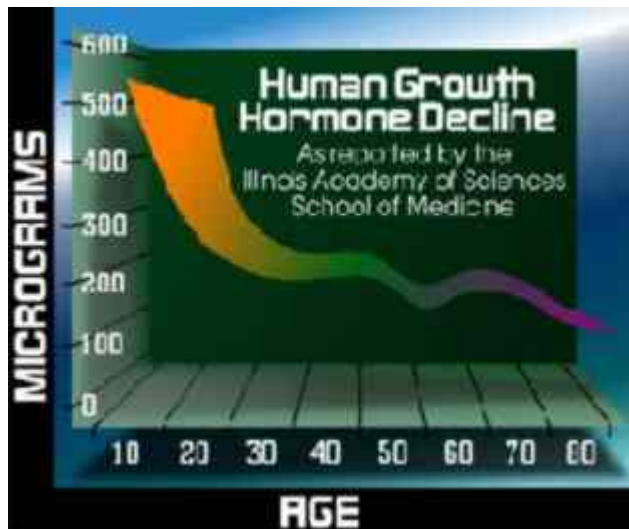
Formulation	mg	Gland Stimulated	Hormone Released
Adreno-XL (Herbal Dietary Supplement)	750mg	Adrenal	DHEA / Cortisol
Arginine (Forte) (Amino Acid)	650mg	Pituitary	Growth Hormone
SugarX (Herbal Dietary Supplement)	500mg	Regulates Insulin / Blood Sugar levels	Helps to increase Growth Hormone
HGH Pro (Forte) (Herbal Dietary Supplement)	1770mg	Pituitary	Growth Hormone (Advanced Treatment)
Anti-Ox (Powerful Antioxidant)	1500mg	Anti aging	Prevents Free Radical Damage
Organic Zinc (Forte) at ODA levels	400mg	Complete Endocrine System	Secretion and utilization of all Hormones
DHEA-F (Forte) (10mg of DHEA)	650mg	Ovaries	Estrogen, Progesterone Testosterone among others
DHEA-M (Forte) (25mg of DHEA)	650mg	Testis	Testosterone among others
Preg (Forte) (25mg of Pregnenolone)	750mg	Complete Endocrine System	Progesterone, Estrogen, Testosterone, etc.
Winter Cherry (Herbal Dietary Supplement)	750mg	Pituitary	Growth Hormone
Tribulus Terrestris (Forte) (Herbal Dietary Supplement)	750mg	Testis	Testosterone
Royale (Herbal Dietary Supplement)	750mg	Endocrine System	All Hormones
Wild Yam (Forte) (Herbal Dietary Supplement)	750mg	Ovaries	Progesterone
Chaste Berry (Forte) (Herbal Dietary Supplement)	700mg	Pituitary	Progesterone
Black Cohosh (Herbal Dietary Supplement)	500mg	Ovaries	Estrogen
Kelp (rich source of Organic Iodine)	500mg	Thyroid	Thyroid Hormones
Tyrosine (Forte) (Amino Acid)	750mg	Thyroid	Thyroid Hormones

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DHEA produced by the Adrenal Glands, is one of the most abundant Hormone found in the human body. It is a **Mother Hormone** which converts to Human Estrogen, Progesterone, Testosterone and a host of other essential Hormones as and when required in the Human Body.

So after Menopause / Andropause (Male Menopause), or after Hysterectomy, when the ovaries / testis reduce or stop the production of Hormones, the burden falls on the Adrenal Glands to create and maintain a Hormone Balance in the Body. It does so by allowing the DHEA to convert to other essential Hormones.



This brings me to the topic of **Growth Hormone Therapy**. It is now well documented that Growth Hormone levels decline with age and can be monitored by studying the IGF-1 (Somatomedin - C) Levels. In the prime of life they should be 350ng/dL and for most people, typically around the age of 50, they will have declined to 100ng/dL. Arginine is an Amino Acid found in the human body which is a precursor to Growth Hormone. It is used by the Pituitary Gland to help produce more Growth Hormone in the Body. One of the tricks to **Reverse Aging** the human body would be to give Arginine and other Amino Acids and Herbal Supplementation to help the body naturally increase its Growth Hormone secretion. Also Herbal Dietary Supplements like Winter Cherry have been documented to stimulate the Pituitary Gland to produce more Growth Hormones. While studying and monitoring Hormones levels in the human body undergoing **Bioidentical Hormone Replacement Therapy (BHRT)**, it would be advisable to also monitor IGF-1 levels and bring them up to approximately 350 ng/dL and maintain it at these healthy levels by use of the above mentioned Herbal and Dietary Supplements. This works out to a much lower cost compared to correcting Growth Hormone levels through repeated injections or tablets. You will be pleasantly surprised to find, that it is easily possible to achieve a 5 to 10 year age reversal on any healthy adult no matter what their present age. Needless to say, a good foundation of **Detoxification and Rejuvenation Program** coupled with proper correction of all other Nutritional & Hormone levels is a must prior to experiencing Reverse Aging.

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Enclosed please find a flyer on **Bioidentical Hormones** for your perusal.

Please feel free to contact me if you need any further information on this subject.

We value your patronage of our Clinic in the past, and thank you for referring your friends and relatives to us for assistance. We would like to reiterate the commitment of the Doctors at our Clinic to help achieve the best possible results for all.

All "Mission Impossible" of the Medical World are welcome.

Blessings and Good Health,

Pramod Vora

Natural Health Counselor

P.S. I do plan to give a ***Seminar on Bio-identical Hormone Therapy and Reverse Aging*** later on this year. Those who are interested to be notified about this and other interesting topics are welcome to call and register their names for these upcoming events. Please e-mail or call Mr. Subhash at my Health Center in Mumbai. E-mail: subhash@space-age.com or Tel No. 2850-3986 / 8653 and give him your latest mailing and e-mail address.