

List of Ayurvedic Foods

Foods with Optimized Bio-available Nutrition

Item

1. Soy Beans – 500Gms
2. Soy Micronized Flour – 500Gms
3. Soy Milk Powder – 500Gms
(Fortified with Calcium / Magnesium / Vitamins)
4. Soy Milk Masala – 100Gms
5. Soy Milk Powder – 500Gms
(Fortified for Cardiac Health)
6. Soy Milk Powder – 500Gms - Chocolate flavor
(Fortified with Calcium / Magnesium / Vitamins)
7. Thallipeat – 500Gms
8. Methkuth – 125Gms
9. Flax Seeds – 500Gms
10. Palm Jaggery – 250Gms
11. Black Sesame / Flax Seed Chutney – 200Gms
12. Tahini-Spread / Dip – 300Gms
13. Ayurvedic Tea – 115Gms (4 oz.)
14. Ayurvedic Tea – 225Gms (8 oz)
15. Unpolished Organic Rice Indirayani – 2.5 Kg
16. Rock Salt Powder - 200Gms
17. Black Salt Powder - 200Gms
18. Unrefined Sugar (Rock Candy) – 500Gms
19. Gooseberry Lozenges – 150Gms
20. Gooseberry Lozenges – 500Gms
21. Essential Fatty Acids – 100ml
22. Flax Seed Oil – 100ml
23. Saffron Micronized Powder – 2 Gms
24. Mahableshwar Honey – 500Gms
25. Jambul Honey - 500 Gms
26. Sugar Cane Concentrate - 1 Kg
27. Nutritional Drink - Vita-Pak - 30 sachets
28. Nutritional Drink - Osteo-Pak - 30 sachets
29. Nutritional Drink - Cardio-Pak - 30 sachets
30. Peanut / Flax Seed Chutney - 200 Gms
31. Peanut Butter - 300 Gms
32. Soy Milk - Natural Elichi Flavor or Low Fat Elichi - 0.65 lt
33. Soy Milk - Masala or Low Fat Masala - 0.65 lt
(Almond, Pistacho, Cashew, Kesar Masala) - No Preservatives
34. Soya Paneer (Tofu) - 200 gms
35. Soya Srikhand - Elichi - 500 gms
36. Soya Srikhand - Badam, Pista, Kesar Masala - 500 gms
37. Soy Khakras - Palak or Methi - 200 gms
38. ProteinMaster Soup - 35 gms - 20 sachets
39. Soya Instant Dhokla - 500 gms
40. Raw Sugar - Khandsari - 1 Kg
41. Soya Papad - 400 gms
42. Soya Thepla - Packet of 8 pieces (Semi cooked)
43. Soya Coffee - 15 gms sachet
44. Soya Protein Powder - 15 gms - 20 sachets

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9/123 Marol Co-op. Industrial Estate P. O. Box 7432, Marol Sagbaug
Andheri (E), Mumbai 400 059 ☎ 850 - 8653 / 850 - 3986 📠 91 - 22 - 850 - 6214
✉ spaceage@space-age.com 🌐 <http://www.space-age.com>

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