

## Case Study of Natural Reversal of Hypothyroidism

Patient: Female, Age: 56 years, Height: 5ft., Weight: 138.4 lbs (62.9 Kg), Fat = 37% (+), Diet: Meat Eater (Ref: BJ)					
	* 09/13/2002	** 09/16/2003	*** 04/11/2004	# 08/06/2004	## 02/23/2005
<b>Serum Creatinine</b>	0.78 mg / dL	1.00 mg / dL	0.87 mg/dL	0.89 mg / dL	
<b>Blood Urea Nitrogen (BUN)</b>	15.02 mg /dL	18.22 mg /dL	17.34 mg /dL	12.58 mg /dL	
<b>Total Bilirubin</b>	0.56 mg/dL	0.25 mg/dL	0.40 mg/dL	0.29 mg/dL	0.30 mg/dL
<b>Direct Bilirubin</b>	0.23 mg/dL	0.14 mg/dL	0.14 mg/dL	0.12 mg/dL	0.17 mg/dL
<b>Indirect Bilirubin</b>	0.33 mg/dL	0.11 mg/dL	0.26 mg/dL	0.17 mg/dL	0.13 mg/dL
<b>SGPT (ALT)</b>	42.37 IU/L	23.29 IU/L	21.08 IU/L	39.83 IU/L	22.0 IU/L
<b>SGOT (AST)</b>	29.92 IU/L	22.10 IU/L	24.30 IU/L	19.88 IU/L	21.0 IU/L
<b>GGTP (Gamma GT)</b>	42.00 IU/L	27.30 IU/L	41.73 IU/L	52.30 IU/L	27.0 IU/L
<b>TSH Ultrasensitive</b>	<b>1.62 <math>\mu</math>IU/ml</b>		<b>2.97 <math>\mu</math>IU/ml</b>		<b>2.01 <math>\mu</math>IU/ml</b>
<b>TSH = 23.0 <math>\mu</math>IU/ml in October 2001.</b> Eltroxin / Synthroid / Thyroid Hormone T4 was not administered to the Patient.					
* Twelve months after first Detoxification					
** After 8 weeks of Whole Body Detoxification					
*** After 8 weeks of Whole Body Detoxification but with substance abuse resulting in higher GGPT (Gamma GT)					
# Without Detoxification for a whole year but with substance abuse resulting in elevated GGPT (Gamma GT)					
## After 8 weeks of Whole Body Detoxification done annually					
<b>TSH = 2.27 <math>\mu</math>IU/ml on December 02, 2008.</b> (Three years after discontinuing treatment with our Health Center and six years after TSH value was naturally brought down from a high of 23.0 $\mu$ IU/ml).					

**Table 10 – Case Study 5  
Annual Detoxification & Rejuvenation over a period of 10 years**

The overall impression left is that Gamma GT does deteriorate with substance abuse, but can still be corrected in short while by proper detoxification of the Liver coupled with abstinence. Barring this, there is a good overall control and maintenance of the Renal and Liver Profile over the entire six year period.

The Table further shows that the TSH once corrected in early 2002 was well maintained in a narrow range during the entire 4 year period, till 2006, when annual detoxifications were stopped; and continued to maintain for a further 3 year period on its own without any further supportive treatments.