

Health Packages

Concierge Medicine
**International Standards of Preventive
and Antiaging Medicine**

SpaceAge[®]

Institute of Antiaging & Longevity Research

92 Corporate Park, Ste. C #705
Irvine, CA 92606
USA

Tel: +1 - 949 - 861 - 8164

=====

102 Marol Co-op. Industrial Estate, 1st Floor
Marol Sagbaug, Andheri (E), Mumbai 400 059 India
Tel: +91 - 22 - 4609 - 5986

E-mail: consult2008@space-age.com

Internet: www.space-age.com/siar/

**Your Quest for Antiaging &
Longevity Ends Here!**

Concierge Medicine / Packages

Our health center has completed 10,000+ cases during the past few decades and presently restricts to about 200 active cases under our **Concierge Medicine Program**. We try not to take too many cases in order to pay individual attention to each person, while maintaining the quality of our work. A large number of our cases are located worldwide and we do offer online consultations through e-mails, sms, WhatsApp, Skype, Zoom Video Conferencing, etc.

We have very different standards and methods of reading, interpreting and projecting blood reports into the future; and investigating the root cause, isolating drug induced symptoms and treating the root cause rather than the symptoms. We therefore encourage all potential patients to submit all their older blood reports / medical investigation done for our scrutiny, for a re-read and re-analysis as per **International Standards of Preventive and Anti-Aging / Regenerative Medicine**.

Time and again we have been able to demonstrate extraordinary results (normally considered impossible to achieve in medicine) due to our deep knowledge of Intracellular / Orthomolecular Medicine, Regenerative Medicine (for repairing and improving the efficiency of various organs / functions of the body) and our access to special prescription strength / therapeutic doses of intracellular supplements, which we are able to individually custom formulate at our highly specialized in-house Compounding Pharmacy, to match the exact needs of your blood reports / health goals.

Unlike the "10 minute consultations, here take this prescription and go to the pharmacy" model of most MDs worldwide, we have adapted the Concierge Medicine model of working at our health center.

Concierge Medicine requires our investment of a few hours of consultation time each month for each new case we take up and the subsequent time involved thereafter to monitor and implement the custom protocols drafted to suit each person, in order to ensure these extraordinary results.

Since we continue to work on each case we take up for an extended period of approximately 6 to 12 months, the model of Concierge Medicine suits our health center best. Under the framework of Concierge Medicine we charge a monthly retainer which covers time spent on consultation and the cost of formulations necessary to support the treatment. The retainer does not cover the cost of blood work, other medical investigation or any health devices required under the program. For more information on Concierge Medicine please visit: https://en.wikipedia.org/wiki/Concierge_medicine

Payments are normally done through purchase of an annual package, with an installment plan (2 to 3 payments) as an option. Depending on the challenges of the case and package selected, the cost roughly averages out to \$1000.00 to \$10,000.00 per month (higher at the start of the program and thereafter reducing as various parameter of the body, at an intracellular level, are brought to their Optimum Values. The costs may be higher for highly complicated cases and chaotic health conditions not responding to allopathy and certain anti-aging and longevity enhancing treatments, as per selected packages.

Our package includes the cost of any specialized formulations provided but excludes the cost of blood work / other medical investigation and any medical devices that may be required to support the treatment.

Trust this will give you a better idea of our commitment of time, sustained effort and an ability to pay undivided attention to each case we take up, to ensure extraordinary results with a higher degree of success.

The above information should help you to adequately prepare yourself to know what to expect, compare it to what is available out there, set your health goals higher and efficiently / economically go about to achieve extraordinary results at our health center.

References for further reading:

1. How Concierge Medicine is changing health care?

<https://www.bloomberg.com/news/articles/2012-11-29/is-concierge-medicine-the-future-of-health-care>

2. Everyone Should Have A Concierge Doctor

<https://www.forbes.com/sites/johngoodman/2014/08/28/everyone-should-have-a-concierge-doctor/#19929ff46323>

© Copyright 2009 - 2023 SpaceAge®. All Rights Reserved.

SpaceAge®
Anti-Aging Center

92 Corporate Park, Ste. C #705
Irvine, CA 92606 USA
Tel: +1 - 949 - 861 - 8164

=====

102 Marol Co-op. Industrial Estate, 1st Floor
Marol Sagbaug, Andheri (E), Mumbai 400 059
Tel: +91 - 22 - 4609 -5986

E-mail: consult2008@space-age.com

Internet: <http://www.space-age.com/siar/>



<http://facebook.com/pramod.vora100>



<http://www.facebook.com/pages/SpaceAge-Anti-Aging-Center/154567131289336>



<http://www.linkedin.com/pub/pramod-vora/11/89/aa5>



Zoom Meeting ID: **407 826 4641** (for video consultations by prior appointment)



spaceage2010 (for video consultations by prior appointment)

**Your Quest for Antiaging &
Longevity Ends Here!**

Packages – Concierge Medicine

A. Mini Package – 6 months duration

Donation: \$ 1 0,000.00

a) Detoxification & Rejuvenation Program - 8 weeks based on European Herbology

Natural detoxification of all excretory organs including kidneys, colon, lungs, skin, blood and liver + rejuvenation of complete digestive system, including liver to ensure optimum and efficient absorption and retention of nutrition from food and supplements taken. This is a 8 weeks herbal program based on the principles of European Herbology, for removal of toxins and rejuvenate various organs of the body to create a healthy glow.

b) Correction of Nutritional Deficiency at Intracellular Levels

This is a 6 months program to help reduce nutritional deficiencies as per the findings of the blood report. Nutrition is administered at intracellular levels; where nutrition is really required and is most effective. Correcting intracellular nutritional levels is our field of expertise for the past over 3 decades. Through an elaborate 40 pages blood report, over 150 parameters are carefully studied and analyzed to address numerous health challenges caused due to nutritional deficiencies. One of the most rampant in the world today. is intracellular anemia, which results in low energy levels throughout the day (even after a good night's sleep), reduced memory retention and recall, lack of concentration and poor cognitive skills; which result in poor quality of life and compromised professional / executive level performance. Many other chronic diseases have their roots in intracellular nutritional deficiencies.

c) Hormonal Imbalance Basic Correction - to reduce effect of environmental hormones and Estrogen Dominance

Notes:

Package includes periodic consultations of all types including e-mail, online, telephone, sms / mms / WhatsApp, Zoom, check up as and when required, documentation, custom protocols of treatment, analysis of all old and new blood reports as per standards of Preventive and Anti-Aging Medicine and recommendations during the program. But does not include courier / freight charges, SHP (shipping, handling and processing), taxes applicable if any, bank charges and cost of Pathology, Medical Investigation and any medical devices, if required. This package can be upgraded to the 12 months Silver package at any time before the expiration of this package.

Donations:

Donations received are directly deposited into our Public Trust (80G Registered) account and are used for Medical Research and for expansion of our institute and training of MDs in Preventive, Antiaging, Regenerative and Longevity Medicine. This ensure that the expertise we have developed during the last 3 decades is further developed / expanded during the coming decades years.

STD Pioneer's Awareness Trust

(Public Trust Reg. No. E-0024161 (GBR) dated 5/14/2007

80G Exemption No. AAHTS1293CF20213 dated 8/31/2021

B. Package Silver - 12 months duration

Donation: \$ 15,000.00

a) Detoxification & Rejuvenation Program - 8 weeks based on European Herbology

Natural detoxification of all excretory organs including kidneys, colon, lungs, skin, blood and liver + rejuvenation of complete digestive system, including liver to ensure optimum and efficient absorption and retention of nutrition from food and supplements taken. This is a 8 weeks herbal program based on the principles of European Herbology, for removal of toxins and rejuvenate various organs of the body to create a healthy glow.

Two rounds of this program are done in the 1st and 2nd month, followed by a 2nd round in the 8th and 9th month of the program. Removal of toxins in such an elaborate manner can help to reduce skin pigmentation and abdominal inches. This is the foundation for antiaging body and its various organs.

b) Correction of Nutritional Deficiency at Intracellular Levels

This is a 12 months program to help reduce nutritional deficiencies as per the findings of the blood report. Nutrition is administered at intracellular levels; where nutrition is really required and is most effective. Correcting intracellular nutritional levels is our field of expertise for the past over 3 decades. Through an elaborate 40 pages blood report, over 150 parameters are carefully studied and analyzed to address numerous health challenges caused due to nutritional deficiencies. One of the most rampant in the world today. is intracellular anemia, which results in low energy levels throughout the day (even after a good night's sleep), reduced memory retention and recall, lack of concentration and poor cognitive skills; which result in poor quality of life and compromised professional / executive level performance. Many other chronic diseases have their roots in intracellular nutritional deficiencies.

c) Hormonal Imbalance Advanced Corrections - to reduce effect of environmental hormones and Estrogen Dominance. This can help to improve sleep, reduce anger, irritability, hot flashes and water retention / bloating.

Notes:

Package includes periodic consultations of all types including e-mail, online, telephone, sms / mms / WhatsApp, Zoom, check up as and when required, documentation, custom protocols of treatment, analysis of all old and new blood reports as per standards of Preventive and Anti-Aging Medicine and recommendations during the program. But does not include courier / freight charges, SHP (shipping, handling and processing), taxes applicable if any, bank charges and cost of Pathology, Medical Investigation and any medical devices, if required.

Mr. / Ms.

Date:

(mm/dd/yyyy)

Age: years, Height: ft in. DOB:

Weight: Kg / lbs LMP Dates:

Date of Measurement: (mm/dd/yy)	*	**	***	* = Before starting Detox Program ** = 4 weeks later *** = 8 weeks later	
Chest					
Waist - I (at navel)					
Waist - II (2" below navel)					
Hips					
Full Thigh					
Mid Thigh					
Mid Arm					
Wrist					
Weight lbs					
Weight Kg					
Gross Body Fat (G)					
Visceral Fat (V)					Notes for Males and Females: 1. Please see overleaf for a set of sample measurements taken. 2. Please mention with or without jeans 3. Light clothing is preferred while taking body measurements. 4. A clean colon and improved digestion helps reduce abdominal inches. Best time to take measurements is morning after bowel motion and before breakfast. 5. Natural Detoxification & Rejuvenation Tips to reduce abdominal inches: http://www.space-age.com/DetoxTips.pdf Notes for Females: 6. Due to hormone imbalance body measurements can be unreliable one week before and after your periods. Try taking measurements on more favourable days 7. Correction of hormonal imbalance results in reduced inches all over body. It is very noticeable on the face and helps create a much younger look.
Muscle Mass					
Hydration					
Bone Mass					
Daily Calorie Intake					
Resting Calories					
Metabolic Age					
Leg Length					
Remarks: For Info on Body Transformation with Case Studies: http://www.space-age.com/TotalBodyTransformation-Naturally.pdf					
Date of Measurement:					
Weight in Kg / lbs					
Gross Fat % (G)					
Visceral Fat % (V)					
Resting Calories					
Metabolic Age (years)					

STD Pioneer's Awareness Trust
(Public Trust Reg. No. E-0024161 (GBR) dated 5/14/2007
80G Exemption No. AAHTS1293CF20213 dated 8/31/2021

Please send Donations to support our Institute to:
(All Donations are covered under Sec. 80G of the Indian Income Tax Act)

Beneficiary: STD PIONEER'S AWARENESS TRUST
Bank Account No.: 000810100100683
Bank Name : BHARAT CO-OP BANK (MUMBAI) LTD.
BRANCH : TOWN CENTRE, ANDHERI EAST, MUMBAI 400 059
IFSC CODE : BCBM00000009

Address:
STD Pioneer's Awareness Trust
102, Marol Co-operative Industrial Estate Ltd., 1st Floor
Marol Sagbaug, Marol
Andheri (East), Mumbai 400059
Tel: +91 - 22 - 4609-5986

For donations in currencies other than Indian Rupees, please email for details where the funds should be sent.

Body Sculpting - Naturally !

2/15/2007

Ms. Professional Model & Actress

Age: 24 years, Height: 5ft 5 in. Weight = 52.0 Kgs

	2/15/2007	3/20/2007	4/5/2007	5/15/2007	10/9/2007
	(with Jeans)			(with Jeans)	(with Jeans)
Breast	34.0"	34.75"	34.75"	34.5"	34.5"
Waist - I	27.0"	26.0"	26.0"	27.5"	26.75"
Waist - II	34.0"	32.0"	29.0"	29.0"	29.75"
Hips	36.5"	36.0"	35.5"	36.0"	36.0"
Full Thigh	22.0"	21.5"	21.5"	22.0"	22.0"
Mid Thigh	19.0"	19.25"	19.5"	19.25"	19.0"
Mid Arm	9.25"	9.5"	9.5"	9.5"	9.5"
Wrist	5.75"	5.75"	5.9"	5.9"	5.75"
Weight	52.818 Kg	52.00 Kg	52.00 Kg	53.454 Kg	52.272 Kg
Fat	18.8% (-)	18.0% (-)	18.0% (-)	19.4% (-)	15.3% (-)
Hydration	56.10%	56.60%	56.40%	55.70%	58.50%
Bone Mass	4.8 lbs	4.8 lbs	4.8 lbs	4.8 lbs	5.0 lbs
Avg. Daily Calories	2002	1987	1983	2010	2040
Metabolic Age	12 years	12 years	12 years	12 years	12 years
Leg Length	42.0" even				

Remarks:

Happy with present weight. Would like to increase lean muscle mass, reduce water retention and increase Bone Mass to 5.5 lbs. Some increase desired in Mid and Full Thigh measurements.

Waist II

(2 inches below navel)

5 inches are reduced within 6 weeks of starting a Detoxification Program. This Model was working out in a Gym for over one year prior to Detoxification and is the mother of a 4 year old boy. Can you believe that !

C. Package Gold - 12 months duration

Donation: \$ 20,000.00

a) Detoxification & Rejuvenation Program - 8 weeks based on European Herbology

Natural detoxification of all excretory organs including kidneys, colon, lungs, skin, blood and liver + rejuvenation of complete digestive system, including liver to ensure optimum and efficient absorption and retention of nutrition from food and supplements taken. This is a 8 weeks herbal program based on the principles of European Herbology, for removal of toxins and rejuvenate various organs of the body to create a healthy glow.

Two rounds of this program are done in the 1st and 2nd month, followed by a 2nd round in the 8th and 9th month of the program. Removal of toxins in such an elaborate manner can help to reduce skin pigmentation and abdominal inches. This is the foundation for antiaging body and its various organs.

b) Correction of Nutritional Deficiency at Intracellular Levels

This is a 12 months program to help reduce nutritional deficiencies as per the findings of the blood report. Nutrition is administered at intracellular levels; where nutrition is really required and is most effective. Correcting intracellular nutritional levels is our field of expertise for the past over 3 decades. Through an elaborate 40 pages blood report, over 150 parameters are carefully studied and analyzed to address numerous health challenges caused due to nutritional deficiencies. One of the most rampant in the world today. is intracellular anemia, which results in low energy levels throughout the day (even after a good night's sleep), reduced memory retention and recall, lack of concentration and poor cognitive skills; which result in poor quality of life and compromised professional / executive level performance. Many other chronic diseases have their roots in intracellular nutritional deficiencies.

c) Hormonal Imbalance Advanced Corrections - to reduce effect of environmental hormones and Estrogen Dominance. This can help to improve sleep, reduce anger, irritability, hot flashes and water retention / bloating and reduce inches all over the body including the face to create a much slimmer / younger look.

d) Removal of Heavy Metal Toxins

This helps to reduce levels of arsenic, mercury, cadmium, lead, aluminum and nickel. Heavy metals such as mercury and arsenic tend to deposit in the kidneys and reduce the efficiency and capacity of these organs. Cadmium and lead tend to deposit in the bones. Aluminum tends to deposit in the brain and can lead to dementia, loss of memory leading to Alzheimer's in later years. Nickel is a known human carcinogen.

Notes:

Package includes periodic consultations of all types including e-mail, online, telephone, sms / mms / WhatsApp, Zoom, check up as and when required, documentation, custom protocols of treatment, analysis of all old and new blood reports as per standards of Preventive and Anti-Aging Medicine and recommendations during the program. But does not include courier / freight charges, SHP (shipping, handling and processing), taxes applicable if any, bank charges and cost of Pathology, Medical Investigation and any medical devices, if required.

D. Package Platinum - 12 months duration

Donation: \$ 30,000.00

a) Detoxification & Rejuvenation Program - 8 weeks based on European Herbology

Natural detoxification of all excretory organs including kidneys, colon, lungs, skin, blood and liver + rejuvenation of complete digestive system, including liver to ensure optimum and efficient absorption and retention of nutrition from food and supplements taken. This is a 8 weeks herbal program based on the principles of European Herbology, for removal of toxins and rejuvenate various organs of the body to create a healthy glow.

Two rounds of this program are done in the 1st and 2nd month, followed by a 2nd round in the 8th and 9th month of the program. Removal of toxins in such an elaborate manner can help to reduce skin pigmentation and abdominal inches. This is the foundation for antiaging body and its various organs.

b) Correction of Nutritional Deficiency at Intracellular Levels

This is a 12 months program to help reduce nutritional deficiencies as per the findings of the blood report. Nutrition is administered at intracellular levels; where nutrition is really required and is most effective. Correcting intracellular nutritional levels is our field of expertise for the past over 3 decades. Through an elaborate 40 pages blood report, over 150 parameters are carefully studied and analyzed to address numerous health challenges caused due to nutritional deficiencies. One of the most rampant in the world today. is intracellular anemia, which results in low energy levels throughout the day (even after a good night's sleep), reduced memory retention and recall, lack of concentration and poor cognitive skills; which result in poor quality of life and compromised professional / executive level performance. Many other chronic diseases have their roots in intracellular nutritional deficiencies.

c) Hormonal Imbalance Advanced Corrections - to reduce effect of environmental hormones and Estrogen Dominance. This can help to improve sleep, reduce anger, irritability, hot flashes and water retention / bloating and reduce inches all over the body including the face to create a much slimmer / younger look.

d) Removal of Heavy Metal Toxins

This helps to reduce levels of arsenic, mercury, cadmium, lead, aluminum and nickel. Heavy metals such as mercury and arsenic tend to deposit in the kidneys and reduce the efficiency and capacity of these organs. Cadmium and lead tend to deposit in the bones. Aluminum tends to deposit in the brain and can lead to dementia, loss of memory leading to Alzheimer's in later years. Nickel is a known human carcinogen.

e) Chronic Diseases such as High Blood Pressure, Type 2 Diabetes, Hypothyroidism, PCOD / PCOS

Helps reduce dependence on prescription medication by reducing the severity of the symptoms of such type of chronic diseases which require lifetime medication in progressively increasing doses throughout life, with consequential increased side effects.

Notes:

Package includes periodic consultations of all types including e-mail, online, telephone, sms / mms / WhatsApp, Zoom, check up as and when required, documentation, custom protocols of treatment, analysis of all old and new blood reports as per standards of Preventive and Anti-Aging Medicine and recommendations during the program. But does not include courier / freight charges, SHP (shipping, handling and processing), taxes applicable if any, bank charges and cost of Pathology, Medical Investigation and any medical devices, if required.

E. Package Diamond - 12 months duration

Donation: \$ 50,000.00 to \$100,000.00

a) Detoxification & Rejuvenation Program - 8 weeks based on European Herbology

Natural detoxification of all excretory organs including kidneys, colon, lungs, skin, blood and liver + rejuvenation of complete digestive system, including liver to ensure optimum and efficient absorption and retention of nutrition from food and supplements taken. This is a 8 weeks herbal program based on the principles of European Herbology, for removal of toxins and rejuvenate various organs of the body to create a healthy glow.

Two rounds of this program are done in the 1st and 2nd month, followed by a 2nd round in the 8th and 9th month of the program. Removal of toxins in such an elaborate manner can help to reduce skin pigmentation and abdominal inches. This is the foundation for antiaging body and its various organs.

b) Correction of Nutritional Deficiency at Intracellular Levels

This is a 12 months program to help reduce nutritional deficiencies as per the findings of the blood report. Nutrition is administered at intracellular levels; where nutrition is really required and is most effective. Correcting intracellular nutritional levels is our field of expertise for the past over 3 decades. Through an elaborate 40 pages blood report, over 150 parameters are carefully studied and analyzed to address numerous health challenges caused due to nutritional deficiencies. One of the most rampant in the world today. is intracellular anemia, which results in low energy levels throughout the day (even after a good night's sleep), reduced memory retention and recall, lack of concentration and poor cognitive skills; which result in poor quality of life and compromised professional / executive level performance. Many other chronic diseases have their roots in intracellular nutritional deficiencies.

c) Hormonal Imbalance Advanced Corrections - to reduce effect of environmental hormones and Estrogen Dominance. This can help to improve sleep, reduce anger, irritability, hot flashes and water retention / bloating and reduce inches all over the body including the face to create a much slimmer / younger look.

d) Removal of Heavy Metal Toxins

This helps to reduce levels of arsenic, mercury, cadmium, lead, aluminum and nickel. Heavy metals such as mercury and arsenic tend to deposit in the kidneys and reduce the efficiency and capacity of these organs. Cadmium and lead tend to deposit in the bones. Aluminum tends to deposit in the brain and can lead to dementia, loss of memory leading to Alzheimer's in later years. Nickel is a known human carcinogen.

e) Chronic Diseases such as High Blood Pressure, Type 2 Diabetes, Hypothyroidism, PCOD / PCOS

Helps reduce dependence on prescription medication by reducing the severity of the symptoms of such type of chronic diseases which require lifetime medication in progressively increasing doses throughout life, with consequential increased side effects.

f) Increasing Cardiac Efficiency through Preventive Cardiology

Improvement in cardiac efficiency by increasing Left Ventricular Ejection Fraction (LVEF), the pumping rate of the heart and reduction of calcium deposits (calcification) in arteries, and valves of the heart. In short this covers a complete cardiac overhaul for increased longevity. This is achieved by subtle corrections in the blood biochemistry and does not use prescription drugs or chemicals and surgical

intervention. This is true Preventive Cardiology and can be availed off even after prior surgical intervention such as stents and bypass procedures.

Notes:

Package includes periodic consultations of all types including e-mail, online, telephone, sms / mms / WhatsApp, Zoom, check up as and when required, documentation, custom protocols of treatment, analysis of all old and new blood reports as per standards of Preventive and Anti-Aging Medicine and recommendations during the program. But does not include courier / freight charges, SHP (shipping, handling and processing), taxes applicable if any, bank charges and cost of Pathology, Medical Investigation and any medical devices, if required.

Additional Options for Package Diamond:

For Other Chronic Diseases

1. Liver Repair & Regeneration

Add: \$ 30,000.00 to \$60,000.00

To reduce Elevated Liver Enzymes due to a previous infection of Hepatitis A and / or Hepatitis B or through drug induced Hepatotoxicity.

OR

2. Liver Damage

Due to any substance abuse.

OR

3. Past Viral Infections

Liver or Kidney damage due to past viral infections.

Including long haul Covid

OR

4. Auto Immune Disorders

OR

5. Lyme Disease

OR

6. Reducing levels of Cancer Tumor Markers:

CA 15.3, CA-125 and CA 19.9, CEA, ESR for females

CA 19.9, PSA, Free PSA, CEA, ESR for males

Donations:

Donations received are directly deposited into our Public Trust (80G Registered) account and are used for Medical Research and for expansion of our institute and training of MDs in Preventive, Antiaging, Regenerative and Longevity Medicine. This ensure that the expertise we have developed during the last 3 decades is further developed / expanded during the coming decades years.

Cardiac Overhauling Case Study - Part - 1 (March 2017)

Kokilaben Dhirubhai Ambani

hospital & medical research institute

UHID :
Name :
Gender : Male
Attending Practitioner : EHC
Location : EHC Clinic
Encounter Date : 16/03/2017
Encounter ID :
Every Life Matters : 69Y

2D/3D Echo With Doppler

INDICATIONS/REASON FOR ECHOCARDIOGRAM:

- St.p.CABG.

2D ECHO:

Morphological Data:

- | | | | |
|------------|--------------------|-----|----------|
| • MV : AML | : Normal | IAS | : Floppy |
| • PML | : Mitral | IVS | : Normal |
| • AV | : Tricuspid, | PA | : Normal |
| • TV | Sclerotic : Normal | AO | : Normal |
| • PV | : Normal | | |

Cardiac dimensions

LA : Normal
LV : Normal
RA : Normal
RV : Normal

- No regional wall motion abnormality seen.
- Good biventricular systolic function. LVEF = 50% **Reduced. Normal is 60 to 65%**
- No clot/vegetation.
- Normal ascending Aorta/Arch.

DOPPLER & COLOUR FLOW MAPPING:

- Diastolic dysfunction: Grade I.
- Pulmonary artery systolic pressure: 25 mmHg. Estimated by TR jet.
- Mild MR, Trivial AR, Trivial TR, Trivial PR.

IMPRESSION

- Good biventricular systolic function.
- No regional wall motion abnormality seen, LVEF: 50%
- Mild mitral regurgitation.
- Trivial aortic regurgitation.
- No significant pulmonary hypertension.


DR. VIJAYA PARMAR
MD (Medicine), FIMSA.
CONSULTANT NON-INVASIVE CARDIOLOGIST



Cardiac Overhauling Case Study - Part - 2 (November 2021)

UHID	:		hospital & medical research insti	:	
Name	:			:	
Gender	:	Male	Every Life Matters	:	74Y
Attending Practitioner	:	EHC		:	
Location	:	EHC Clinic		:	
Encounter Date	:	02/11/2021		:	

INDICATIONS/REASON FOR ECHOCARDIOGRAM:

- S/P: CABG (2010).

2D ECHO: Study done with heart rate of 70 bpm.

Morphological Data

- | | | | | | |
|------|---|------------------------------|------|---|--------|
| • MV | : | Normal No Calcification seen | IAS | : | Floppy |
| • AV | : | Tricuspid, sclerotic | • TV | : | Normal |
| • PV | : | Normal | PA | : | Normal |
| | : | Normal | Ao | : | Normal |

Cardiac dimensions

LA : Normal
LV : Normal
RA : Normal
RV : Normal

- No regional wall motion abnormality seen.
- Good biventricular systolic function. LVEF = 55 %.
- No clot/vegetation. (LVEF = Increase of >5%)
- Normal ascending Aorta/Arch.

← LVEF
in Nov 2021
after 9 months

DOPPLER & COLOUR FLOW MAPPING:

- Diastolic dysfunction: Grade I.
- Pulmonary artery systolic pressure: 47 mmHg. Estimated by TR jet.
- Mild MR, Trivial AR, Mild TR, Mild PR.
- PSG across aortic valve is 7 mmHg.
- IVC normal and more than 50% inspiratory collapsing.

IMPRESSION

- Good biventricular systolic function.
- No regional wall motion abnormality seen, LVEF: 55 %
- Mild mitral regurgitation.
- Trivial aortic regurgitation.
- Mild pulmonary hypertension.

PK Koch

Since the previous LVEF reading of 50% is of 2017, it is most probably further degraded to 45% by Jan 2021 at the time of beginning the program. This means that the improvement in LVEF is estimated at approximately 10% over a 9 months period.

DR. PURABI KOCH
Specialist Non-Invasive Cardiology



Testimonials of Cardiologists

Excellent reminder like CME for all concerned.
keep up the good work Dr. Vora.

A very logical way to understand important cardiology aspects from grass root level. Once your fundamentals are clarified then rest just automatically follows. You have indeed brought about your own unique method of simplifying cardiology-kudos Dr. Vora!

We should try to link up with your expertise which would benefit people in this part of the world.

HAVE KNOWN THAT SALT RESTRICTION DOES NOT WORK EQUALLY FOR ALL HYPERTENSIVES BUT YOUR CONCEPT IS TOTALLY NEW BALL GAME TO ME WHICH I AM SURE AHA & OTHER SOCIETIES WOULD APPROVE IN TIME TO COME & CHANGE THE WHOLE IDEA OF SALT RESTRICTION SPECTRUM & HTN.

Kind regards

Dr. Ranjeet S. Baral MBBS, (JIPMER)
Ph.D.(Clinical Cardiology)
DCC (Health Ministry, JAPAN)
FAPSC (Fellowship cardiology)
Av.Med (King's College, London)
Consultant Cardiologist/Physician/Chief AME

Dr. Vora

Thank you for your review and updates about how to properly perform BP measurement.
Kenneth Phillips MD, FCCP

I thank you for your very comprehensive post on this so important subject. Invaluable information. I also visited your links, a gold mine of information. Thank you for sharing your knowledge...

Best Regards

Fernando M. Branco, Berlin, Germany.

Dear Dr. Pramod

I was astonished to find that you could use such a simple BP apparatus to use as a prognostic tool.

Really true functioning of the heart can be assessed not just by very advanced imaging technologies but also by simple tools.

Dr.Murali Krishna, Orthopedic Surgeon

Great post Pramod, If more GP's and hospitals adopted this approach the pharmaceutical industry would take a severe hit! Having the patient relax before taking a blood pressure may take extra time but it would almost certainly reduce anxiety and stress, which are inevitably the fundamental precipitators of Cardiovascular illnesses.

Adam Shaw, The Heart Guy at Adam Shaw Heart Wellbeing, [St Albans, United Kingdom](#)

Thank you so much for sharing with me. The articles you have written are awesome!!

I have been reading your articles all day long!! I am truly impressed with how you have taken what is so complicated for most of us to understand and made it simple. Thank you so much!! I look forward to using your therapies to not only heal myself but for my patients as well.

Dr. Michael Carter, M.D., Atlanta, Georgia

Dear Pramod Vora,

It is a great honor for me to connect with you. I am following your discussions and, can say so- I am learning from your experience. I am from Latvia, and, seems are the first in my country speaking about micronutrients in primary and secondary prophylaxis. You can imagine what a "wall" I meet by my colleges, working in classical medicine (following "evidence based" guidelines). I am graduated doctor in Internal medicine, but I have private practice where I am working with micronutrients. Actually in the field of orthomolecular medicine I am autodidact. I have really good experience by degenerative joint diseases and metabolic syndrome.

And, I just wanted to say, I am really thankful for your ideas, links etc.- this is a support for my daily practice.

Regards,

Antra Briede, M.D.

Latvia

Dear Dr. Vora,

I find your comments very informative and thorough on Naturopathic Cardiology Group on LinkedIn.

I loved the hypertension material. It was a treat to read.

I trained under Dr. Martin Milner at NCNM in his heart and lung clinic.

It is serendipitous to be connected to you. You truly are exemplary in your dissemination of information, education and perceptive demeanor. I would love to meet you in person someday.

Shalini Kapoor

Naturopathic Physician

Portland, Oregon, USA

© Copyright 2009 – 2021. SpaceAge®. All Rights Reserved.

F. Package Celebrity - 12 months duration

Donation: \$ 30,000.00 to \$100,000.00

a) Detoxification & Rejuvenation Program - 8 weeks based on European Herbology

Natural detoxification of all excretory organs including kidneys, colon, lungs, skin, blood and liver + rejuvenation of complete digestive system, including liver to ensure optimum and efficient absorption and retention of nutrition from food and supplements taken. This is a 8 weeks herbal program based on the principles of European Herbology, for removal of toxins and rejuvenate various organs of the body to create a healthy glow.

Two rounds of this program are done in the 1st and 2nd month, followed by a 2nd round in the 8th and 9th month of the program. Removal of toxins in such an elaborate manner can help to reduce skin pigmentation and abdominal inches. This is the foundation for antiaging body and its various organs.

b) Correction of Nutritional Deficiency at Intracellular Levels

This is a 12 months program to help reduce nutritional deficiencies as per the findings of the blood report. Nutrition is administered at intracellular levels; where nutrition is really required and is most effective. Correcting intracellular nutritional levels is our field of expertise for the past over 3 decades. Through an elaborate 40 pages blood report, over 150 parameters are carefully studied and analyzed to address numerous health challenges caused due to nutritional deficiencies. One of the most rampant in the world today. is intracellular anemia, which results in low energy levels throughout the day (even after a good night's sleep), reduced memory retention and recall, lack of concentration and poor cognitive skills; which result in poor quality of life and compromised professional / executive level performance. Many other chronic diseases have their roots in intracellular nutritional deficiencies.

c) Hormonal Imbalance Advanced Corrections - to reduce effect of environmental hormones and Estrogen Dominance. This can help to improve sleep, reduce anger, irritability, hot flashes and water retention / bloating and reduce inches all over the body including the face to create a much slimmer / younger look.

d) Removal of Heavy Metal Toxins

This helps to reduce levels of arsenic, mercury, cadmium, lead, aluminum and nickel. Heavy metals such as mercury and arsenic tend to deposit in the kidneys and reduce the efficiency and capacity of these organs. Cadmium and lead tend to deposit in the bones. Aluminum tends to deposit in the brain and can lead to dementia, loss of memory leading to Alzheimer's in later years. Nickel is a known human carcinogen.

e) Natural Whole Body Transformation / Contouring for a Lasting Age Reversal Effect

Helps to reduce inches all over the body including abdomen (**natural liposuction / lipectomy**) and the face, arms, thighs, reduces pigmentation and helps create a health glow all over the body and face. **Natural Whole Body Contouring** including, **Natural Breast Augmentation** is another area of expertise developed over the past 3 decades with a track record of working with over 200 celebrities and socialites, to help not only extend their professional career, but also revive it. Through subtle corrections in blood biochemistry, nano biotechnology and natural stem cell regeneration we can also improve skin complexion and create a long lasting antiaging look.

Notes:

Package includes periodic consultations of all types including e-mail, online, telephone, sms / mms / WhatsApp, Zoom, check up as and when required, documentation, custom protocols of treatment, analysis of all old and new blood reports as per standards of Preventive and Anti-Aging Medicine and recommendations during the program. But does not include courier / freight charges, SHP (shipping, handling and processing), taxes applicable if any, bank charges and cost of Pathology, Medical Investigation and any medical devices, if required.

Additional Options for Package Celibity:**For Other Antiaging & Longevity Treatments****1. Increased Fertility and Delayed Menopause** Add: \$ 30,000.00 to \$60,000.00

Helps regularize ovulation and menstrual cycles and prevent premature menopause / PCOD or PCOS.

Donations:

Donations received are directly deposited into our Public Trust (80G Registered) account and are used for Medical Research and for expansion of our institute and training of MDs in Preventive, Antiaging, Regenerative and Longevity Medicine. This ensure that the expertise we have developed during the last 3 decades is further developed / expanded during the coming decades years.

STD Pioneer's Awareness Trust

(Public Trust Reg. No. E-0024161 (GBR) dated 5/14/2007

80G Exemption No. AAHTS1293CF20213 dated 8/31/2021

Please send Donations to support our Institute to:

(All Donations are covered under Sec. 80G of the Indian Income Tax Act)

Beneficiary: STD PIONEER'S AWARENESS TRUST

Bank Account No.: 000810100100683

Bank Name : BHARAT CO-OP BANK (MUMBAI) LTD.

BRANCH : TOWN CENTRE, ANDHERI EAST, MUMBAI 400 059

IFSC CODE : BCBM0000009

Address:

STD Pioneer's Awareness Trust

102, Marol Co-operative Industrial Estate Ltd., 1st Floor

Marol Sagbaug, Marol

Andheri (East), Mumbai 400059

Tel: +91 - 22 - 4609-5986

For donations in currencies other than Indian Rupees, please email for details where the funds should be sent.

Concierge Medicine / Packages

Our health center has completed 10,000+ cases during the past few decades and presently restricts to about 200 active cases under our **Concierge Medicine Program**. We try not to take too many cases in order to pay individual attention to each person, while maintaining the quality of our work. A large number of our cases are located worldwide and we do offer online consultations through e-mails, sms, WhatsApp, Skype, Zoom Video Conferencing, etc.

We have very different standards and methods of reading, interpreting and projecting blood reports into the future; and investigating the root cause, isolating drug induced symptoms and treating the root cause rather than the symptoms. We therefore encourage all potential patients to submit all their older blood reports / medical investigation done for our scrutiny, for a re-read and re-analysis as per **International Standards of Preventive and Anti-Aging / Regenerative Medicine**.

Time and again we have been able to demonstrate extraordinary results (normally considered impossible to achieve in medicine) due to our deep knowledge of Intracellular / Orthomolecular Medicine, Regenerative Medicine (for repairing and improving the efficiency of various organs / functions of the body) and our access to special prescription strength / therapeutic doses of intracellular supplements, which we are able to individually custom formulate at our highly specialized in-house Compounding Pharmacy, to match the exact needs of your blood reports / health goals.

Unlike the "10 minute consultations, here take this prescription and go to the pharmacy" model of most MDs worldwide, we have adapted the Concierge Medicine model of working at our health center.

Concierge Medicine requires our investment of a few hours of consultation time each month for each new case we take up and the subsequent time involved thereafter to monitor and implement the custom protocols drafted to suit each person, in order to ensure these extraordinary results.

Since we continue to work on each case we take up for an extended period of approximately 6 to 12 months, the model of Concierge Medicine suits our health center best. Under the framework of Concierge Medicine we charge a monthly retainer which covers time spent on consultation and the cost of formulations necessary to support the treatment. The retainer does not cover the cost of blood work, other medical investigation or any health devices required under the program. For more information on Concierge Medicine please visit: https://en.wikipedia.org/wiki/Concierge_medicine

Payments are normally done through purchase of an annual package, with an installment plan (2 to 3 payments) as an option. Depending on the challenges of the case and package selected, the cost roughly averages out to \$1000.00 to \$10,000.00 per month (higher at the start of the program and thereafter reducing as various parameter of the body, at an intracellular level, are brought to their Optimum Values. The costs may be higher for highly complicated cases and chaotic health conditions not responding to allopathy and certain anti-aging and longevity enhancing treatments, as per selected packages.

Our package includes the cost of any specialized formulations provided but excludes the cost of blood work / other medical investigation and any medical devices that may be required to support the treatment.

Trust this will give you a better idea of our commitment of time, sustained effort and an ability to pay undivided attention to each case we take up, to ensure extraordinary results with a higher degree of success.

The above information should help you to adequately prepare yourself to know what to expect, compare it to what is available out there, set your health goals higher and efficiently / economically go about to achieve extraordinary results at our health center.

References for further reading:

1. How Concierge Medicine is changing health care?

<https://www.bloomberg.com/news/articles/2012-11-29/is-concierge-medicine-the-future-of-health-care>

2. Everyone Should Have A Concierge Doctor

<https://www.forbes.com/sites/johngoodman/2014/08/28/everyone-should-have-a-concierge-doctor/#19929ff46323>

SpaceAge[®] **Anti-Aging Center**

92 Corporate Park, Ste. C #705
Irvine, CA 92606 USA
Tel: +1 - 949 - 861 - 8164

=====

102 Marol Co-op. Industrial Estate, 1st Floor
Marol Sagbaug, Andheri (E), Mumbai 400 059
Tel: +91 - 22 - 4609 -5986


E-mail: consult2008@space-age.com

Internet: <http://www.space-age.com/siar/>

 <http://facebook.com/pramod.vora100>

 <http://www.facebook.com/pages/SpaceAge-Anti-Aging-Center/154567131289336>

 <http://www.linkedin.com/pub/pramod-vora/11/89/aa5>

 Zoom Meeting ID: **407 826 4641** (for video consultations by prior appointment)

 spaceage2010 (for video consultations by prior appointment)

© Copyright 2009 - 2023 SpaceAge[®]. All Rights Reserved.

Your Quest For Anti-Aging Ends Here !

DDLJ - 1995



Shot on Jan 16, 2020 in Delhi





The Transformation of:

Dr. Smriti Mhatre, M.B.B.S., D.G.O.,

Age: 43 years old, Height: 5 ft. 4 inches (161 cm), Weight: 70.3 Kg (155.0 lbs)

Transformation - April 2017 to December 2017 (9 months)

**Through Hormonal Slimming for reduction of inches all over the body
and some weight reduction to 64.6 Kg (142.2 lbs)**

The effect is more dramatic due to inches lost all over the body.

**Abdominal Reduction: 4.0 inches (10 cm) through Detoxification of all
Excretory Organs & Rejuvenation of Digestive System, through natural
means. Achieved in only 8 weeks.**

Hormonal corrections achieved through natural means.



Before



After (in December 2017)

**After total 9 months of work on the body, without use of prescription
drugs or surgical procedures.**

***SpaceAge*®**

Anti-Aging Center

92 Corporate Park, Ste. C #705

Irvine, CA 92606 USA

Tel: +1 - 949 - 861 - 8164

E-mail: consult2008@space-age.com

Your Quest For Perfect Body Begins Here !

Revisiting Dr. Smriti Mhatre - 1 year later



June 09, 2017



January 18, 2019

Transformation is well maintained one year later.

***SpaceAge*[®]**

Anti-Aging Center

92 Corporate Park, Ste. C #705

Irvine, CA 92606 USA

Tel: +1 - 949 - 861 - 8164

E-mail: consult2008@space-age.com

Your Quest For Perfect Body Begins Here !

2017



2019





Before
2012



After
2022



Comments from Celebrities and Medical Professionals

1. Woww!!

Amazing transformation sir!!

Very impressive!

Miss Universe Lara Dutta, Mumbai

2. Oh wow.

Rinke Rajesh Khanna, New Delhi

3. Thank you for sharing the details of Dr. Smriti Mhatre.

So kind of you really.

Stay Blessed Always

Rukshsana Motlekar, Dubai

4. Lovely.

Tanuja Dabir, Makeup Artist, Mumbai

5. Congratulations.

Ambika Hinduja, Mumbai

6. Very good to hear Doc.

Regards,

Priti Rajan, Mumbai

7. Impressive.

Dr. Ashit Shah, Plastic Surgeon, Ahmedabad

8. Awesome work Dr.

Dr. Sucheta Unnithan, Pune

9. All the best

Jaya Bachchan, M.P., Mumbai

10. Wow.

Impressive inddeed !

Dr. Anil Daya, M.D., Internist

Westlake Village, California, USA

11. Miraculously common sense

Alas commonly lacking!

Dr. Satish Arolkar, Plastic Surgeon, Mumbai

12. Impressive results, Dr. Vora

Dr. Resmi Jimmy Nair, M.B.B.S., Cochin

13. It's great.

Aditi Rao Hydari, Actor, Mumbai

14. That's fabulous!

Dr. Shabnam Kar, OB/GYN, Canada

15. Hello Pramodbhai,
Good Afternoon. So nice of you to send me the transformation of your student Dr. Smriti Mhatre. Very impressive. Are you in USA?. If so, let me know and I will call you. Thanks.
Prof. Balvant Arora, Plastic Surgeon, New York
16. Hello Doc thnx for sharing beautiful n inspiring information
Kabita Agarwal, Mumbai
17. Great
Dr. Ashish Davalbhatka, Plastic Surgeon, Pune
18. Looks great doc !
Manasi Scott, Singer & TV Anchor, Mumbai
19. Great results Sir!!!
Pallavi Jadhav, B.E. (Civil), Mumbai
20. Well. This is definitely a sign for me. Meaning to start with you.....will do so immediately.
Thank you for staying in touch. I surely need to see this.
Archana Gaurav Pathak, Mumbai
21. Fabulous transformation. The world has a lot to learn from you!
Smriti is transformed both body and Soul!
Dr. Neeta Patel, M.S., M.Ch., ISAP, Plastic & Reconstructive Surgeon, Mumbai
22. Yes Sir,
Sir, I am ineligible to comment on your work. You have always delivered what was promised. I have just huge amount of Respect for your hard work and dedication.
Dr. Ashish Solanki, B.A.M.S., Mumbai
23. Real good transformation Sir.
We never have doubt, not in our dreams for the effectiveness of Orthomolecular Medicine.
Arpita (my daughter) is the best example.
Dr. Urmila Patil, Dentist, Mumbai
23. Jai Jinendra and heartiest compliments.
The nutraceutical and bio identical molecule support from you in case of Dr. Smriti is commendable. This apart, there are many PCOS girls with hyperandrogen picture of extra weight, insulin resistance, hirsutism and oligomenorrhea that actively need such care.
Personal Regards,
Dr. Atul Shah, Plastic Surgeon, Baroda
24. Thank you so much for this! Very interesting!
Just sent you a client of mine, she is a sweet girl.
Her Ferritin is 14 !!!! She is a zombie.
I know you'll get her well too.
Ms. Amy Doublet, Trauma Therapist, Los Angeles, California, USA
25. Your works are truly priceless & incredible.
Mr. Dushyant Khona, Real Estate Developer, Mumbai

26. Amazing Sir.

Dr. Sapna Patil, Ph.D., Pharmacist, Mumbai

27. It is incredible !! Hearty congratulations !!!!

Dr. Pournima Patil, B.H.M.S., M.D., Homeopath, Mumbai

28. Dear Pramod sir,

Wishing you a very good morning.

I had meet you about 20 years back for problem of hair fall.

I am thankful for your suggestions and advice...

I will definitely get in touch with Dr. Smriti...but would also like to know about nano silver and its uses and dosage from you also.

Hoping u will get back to me soon

Thankful for the good work you continue to do.

God bless your entire team.

With warm regards.

Dr. Deepika Patil - Mehra, Heomeopath

29. We are both feeling better, and receiving unsolicited compliments on our healthy looks.

Thank you dearly for helping us !

Jeanetta and David Haley - 8 weeks after starting Transformation

Volunteers at Nityanand Education Trust, Ganeshpuri, Thane District, India.

30. I will always treasure everything you have done for us.

Thanks.

Kajol Devgan, Actress, Mumbai

31. Your growth in the quest for health and guided nutrition is endearing.

Wish you all the best and great success is helping doctors understand that food is health. Would love to connect with you soon and understand all you are doing.

Pooja Makhija, B.S., M.S., (Food Sc. & Nutrition)

Certified Nutritionist, Mumbai

32.

SpaceAge - Faculty
SpaceAge Institute of Antiaging Research (SIAR)



Dr. Sharad Shah, M.B.B.S., F.R.S.M. (London)
Staff Physician, Lilavati Hospital, Mumbai, India



Dr. Michael J Gonzalez BS, MS, MHSN, CNS, DSc, NMD, PhD, FANMA, FACN
Professor at the Nutrition Program, School of Public Health in the Medical Sciences
Campus, University of Puerto Rico, United States



Prof. Balvant Arora, MD, MBA at Virginia, USA
Former Assistant Professor at SUNY Stony Brook Hospital, Division of Plastic Surgery



Amy Doublet, SEP
Somatic Trauma Therapist, Los Angeles



Dr. Jeanette Monosoff- Haley, Ph. D.
Clinical Psychology, Psychotherapist
Joint Managing Director at Om Gagangiri Maharaj Aashirwadit Trust



Dr. V. P. Sundarsingh, Ph. D.
Prof. Electrical Engineering, IIT, Mumbai (Retired)



Dr. Neeta Patel, M.D., M.Ch.
Member ISAPS, Plastic Surgeon, Mumbai



Dr. Sapna Patil, Ph.D., Registered Pharmacist, Mumbai



Dr. Resmi Jimmy, M.B.B.S.
Kochi, Kerala, India


***SpaceAge*®**

Anti-Aging Research Center

92 Corporate Park, Ste. C #705, Irvine, CA 92606 USA

Cell: +1 - 949 - 307 - 8801

Web: <http://www.space-age.com/siar/> E-mail: consult2008@space-age.com

 **Zoom Meeting ID: 407 826 4641** (for video conferences)

SpaceAge Institute of Antiaging Research (SIAR)

Student Body Participants:



**Dr. Lily Kiswani. M.D., DGO,
OB/GYN, Anti-Aging Medicine, Mumbai**

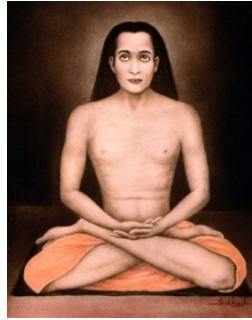
Photo Awaited???

**Dr. Mayur Trivedi, M.D.
Gastroentrology & Hepatology, Los Angeles**



**Dr. Jinita Malhotra , B.H.M.S., M.Sc. (Psychotherapy)
Mumbai**

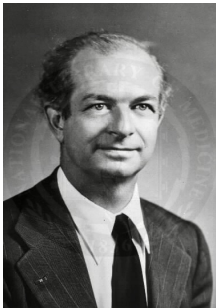
Spiritual Guides



Mahavtra Babaji (a.k.a. Deathless Yogi)



Dr. (Major) M. P. Vora, M.B.B.S., D.V.D., I.M.S. (R) (1909 - 2008)



Nobel Laureate Dr. Linus Pauling, Ph.D. (1901 - 1994)



Dr. Robert Becker, M.D. Orthopedic Surgeon, (1924 - 2008)

Retired Professor at SUNY, Syracuse, New York

Dedifferentiated stem cells in 1965 at SUNY. Twice nominated for Nobel Prize

Disciples



Dr. Shalini Kapoor, ND, MPH.

Naturopathic Practitioner - Functional Medicine, Oregon, USA



Dr. Jinita Malhotra , B.H.M.S., M.Sc. (Psychotherapy), Mumbai



Dr. Ashish Solanki, BAMS, MD (ALT), Pune, Maharashtra, India



Dr. Pawan Sharma, Ayurvedacharya, BAMS

Medical Officer - Jammu & Kashmir, India

***SpaceAge*®**

Anti-Aging Research Center

92 Corporate Park, Ste. C #705, Irvine, CA 92606 USA

Cell: +1 - 949 - 307 - 8801

Web: <http://www.space-age.com/siar/> E-mail: consult2008@space-age.com

🔵 Zoom Meeting ID: 407 826 4641 (for video conferences)

SpaceAge Future Goals and Aspirations

1. Creating a Corpus of Rs. 100 Cr. in our Public Trust. This will enable the utilization of interest received from the fixed deposit of these funds, to pay the monthly salaries of a dedicated team of 6 MDs engaged in the practical implementation of Antiaging and Longevity Medical Sciences and further research to create an income stream for the perpetuity of the SpaceAge Institute of Antiaging Research (SIAR).

<http://www.space-age.com/siar/>

2. Receipt of Rs. 5.0 Cr of CSR funding to help 500 farmers improve their income and the nutritional value of their crops, which in turn will help improve the health of the nation. This will also ensure that the younger generation returns back to farming and food prices remain more affordable in the future for the masses.

3. Receipt of Rs. 5.0 Cr of CSR funding to develop the practical application of the concepts of nutritional farming (outlined in my paper of 2006: Nutritional Farming As Opposed to Organic Farming, Ministry of Health International Conference held in Coimbatore in March 2006) to naturally improve the nutritional levels of the crops and consequently the health of the nation.

<http://www.space-age.com/NutritionalFarmingSeminar.pdf>

4. Inducting more Corporate Executives into our Antiaging and Longevity programs to improve their health and their overall executive level performance, which in turn will improve the profitability and efficient management of corporations. It will ensure money well invested to look after their health and consequently the performance of key personnel in an organization.

STD Pioneer's Awareness Trust
(Public Trust Reg. No. E-0024161 (GBR) dated 5/14/2007
80G Exemption No. AAHTS1293CF20213 dated 8/31/2021
List of Main Donors in 2021

List of Main Donors in 2021

1. Mr. Deepak Shah	Rs. 15,000,000.00
2. Dr. (Major) Maganlal Premchand Vora, M.B.B.S., DVD, I.M.S.(R)	Rs. 4,500,000.00
3. Mr. Gaurang Gandhi	Rs. 2,500,000.00
4. Mr. Jai Gandhi	Rs. 3,500,000.00
5. Mrs. Komal Bhukhanwala	Rs. 3,600,000.00
6. Mrs. Shilpa Shah	Rs. 3,500,000.00
7. Mr. Shobhit Rajan	Rs. 5,000,000.00
8. Mrs. Smita Bhukhanwala	Rs. 10,000,000.00
9.	Rs.
10.	Rs.
Total:	Rs. 47,600,000.00 US \$ 650,000.00

Please send Donations to support our Institute to:
(All Donations are covered under Sec. 80G of the Indian Income Tax Act)

Beneficiary: STD PIONEER'S AWARENESS TRUST
Bank Account No.: 000810100100683
Bank Name : BHARAT CO-OP BANK (MUMBAI) LTD.
BRANCH : TOWN CENTRE, ANDHERI EAST, MUMBAI 400 059
IFSC CODE : BCBM0000009

Address:

STD Pioneer's Awareness Trust
102, Marol Co-operative Industrial Estate Ltd., 1st Floor
Marol Sagbaug, Marol
Andheri (East), Mumbai 400059
Tel: +91 - 22 - 2850-3986 / 2852-6564

For donations in currencies other than Indian Rupees, please email for details where the funds should be sent.

Dr. (Mrs.) Asha Shashank Awsare

M.D., D.G.O.
Obstetrician & Gynecologist
Reg. No. 22222

Time : 9 a.m. to 11 a.m.
6 p.m. to 8 pm.
Sat. 9 a.m. to 11 a.m.

Dr. Kashibai Hospital,
18 S.V. Road, Santacruz (W)
Mumbai - 400 054.
Phone: 612 2411

Date: 13.09.2001

TO WHOM SO EVER IT MAY CONCERN

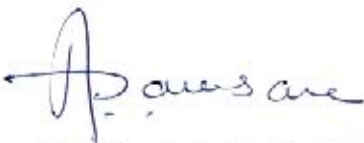
I derived a lot of benefits from Detoxification, Rejuvenation and Hormonal Imbalance Correction 3 month Program of SpaceAge Natural Health Care Center.

I am a Patient of Cervical Spondylitis with bilateral extra ribs. Of course I do exercises everyday. But pain in Cervical area was a constant feature with me. Along with that pain or aches all over the Body due to Osteoporosis, also reduced to a very great extent. I always had Gastrointestinal intolerance with allopathic Calcium preparation; which I do not have with Natural Calcium. Hormonal Imbalance Correction improved my Skin Tone which became softer; also people comment that I always look fresh and slimmer now. I also lost 3 to 4 kgs of weight may be due to Hormonal (i.e. Progesterone Imbalance ?)

I thank you Mr. Vora for this. I am still continuing Natural Calcium, Wild Yam which gives Natural Hormones to me.

Thanking you,

Sincerely yours,



Dr. (Mrs.) Asha S. Awsare, MD; D.G.O.
Obstetrician & Gynecologist

Dr. (Mrs.) Asha Shashank Awsare

M.D., D.G.O.

Obstetrician & Gynaecologist

Time : 9 a.m. to 11 a.m.

6 p.m. to 8 p.m.

Sat. : 9 a.m. to 11 a.m. only

Dr. Kashibai Hospital,

18, S. V. Road, Santacruz (W),

Mumbai - 400 054.

Phone : 612 24 11

To
MR. Pramod Vora
'Space Age'

Date 13/09/01

I think I derived a lot of benefit from your Detoxification, Rejuvenation & Hormonal Imbalance Correction programme for 3 months.

I am a patient of cervical spondylosis with bilateral extra ribs. Of course I do exercises everyday. But pain in cervical area was a constant feature with me. Along with these pains & aches all over the body due to osteoporosis also reduced to a very great extent. I always had gastrointestinal intolerance with allopathic Calcium preparation which I do not have with Natural Calcium. Hormonal imbalance corrected improved my skin tone which became softer also people comment that I always look fresh & slimmer now. I also lost 3-4 kg of wt. may be due to hormonal (i.e. Progesterone

on balance ?)

I thank you for this.

I am still continuing -

Natural Calcium

could help which gives natural
hormones to me.

Thank you

Yours Sincerely

Aphar M. S. S.

Dr. (Mrs.) Asha Shashank Awsare

M.D., D.G.O.

Obstetrician & Gynaecologist

Time : 9 a.m. to 11 a.m.

6 p.m. to 8 p.m.

Sat. : 9 a.m. to 11 a.m. only

Dr. Kashibai Hospital,

18, S. V. Road, Santacruz (W),

Mumbai - 400 054.

Phone : 612 24 11

Date 11-09-01.

This is to certify that I was suffering from nocturnal enuresis for last 8-10 years. I was advised to take 1 tablespoonful of black Sesamum seeds and 1lb of Jaggery together once a day. I was relieved of it with 15 days. I am thankful to Mr. Pramod Vora for the same.

A. Awsare

DR. (MRS.) ASHA S. AWSARE

MD: D. G. O.

Reg. No. 22222

Obstetrician & Gynaecologist

DR. PRAVIN B. KENIA
M.B.B.S. (Bom.) M.C.P.S. (Bom.)
PHYSICIAN AND SURGEON
Reg. No. 23331



MEDICO DENTAL CLINIC

• TOTAL CHECK-UP • E.C.G. • SCREENING • X-RAY • PATHOLOGY,
• FAMILY PLANNING • VASECTOMY-VACCINATION • DENTAL & ORTHODONTIC
TREATMENT CENTRE

DR. NIRU P. KENIA
B.D.S. (Bom.)
DENTAL SURGEON

CLINIC: "NATRAJ", N.S. ROAD NO. 2,
JVPD SCHEME, VILE PARLE (W)
BOMBAY-400 056.
• PHONE : 614 36 86

RESI: 46, KASHI VISHWANATH, 3RD FL
N.S. ROAD NO. 7, JVPD SCHEME,
VILE PARLE (W) BOMBAY-400 049.
• PHONE : 620 72 84 / 620 74 49

December 02, 2002

I Dr. Pravin B. Kenia, 59 year old, came to Health Counselor Pramod Vora about two months back, for the problem of High Blood Pressure, Breathlessness, general weakness and Diabetes Mellitus - which I had since long time. In addition, my Angiogram done in June 2001 showed 90% blockage on Left side, 30% on Right side and 80% on Colaterals. There was heavy Calcification on the walls of all the major and minor arteries. I am a Family Physician practicing in Juhu Scheme since last 32 years and attached with two institutions practicing Allopathic Medicines. I was taking numerous Allopathic medicines for my treatment, but my Hypertension (high of 170/100) was uncontrollable in spite of heavy doses of Hypertension medicines; proper Diet control; and walking exercises.

I had previously attended Health Counselor Pramod Vora's lectures and Seminars for Doctors in Juhu Area on three different occasions and I was impressed and convinced with this thoughts and theories on Natural By Pass / Oral Chelation and other Health topics. So I decided to go to him in August 2002 and take his advice and treatment.

I took his appointment and he took my History and spent over one hour going through my Medical Reports, prepared a Custom Ten Week Protocol and gave me a Calendar for the 1st month based totally on Herbal Dietary & Nutritional Supplements like Cardio-Pak, Osteo-Pak, Kidney Care, Lung Clear, Liver Detoxifiers, Therapeutic doses of Vitamins, Energizer and other Herbs for lowering Cholesterol, Triglycerides etc. It was a totally Drugless Therapy which also stressed a lot on Diet containing Juices, Vegetables and Raw foods.

I started feeling better within two weeks of beginning the Program. My Breathlessness disappeared and I started feeling a sense of well being and got more energy to work. At the end of four weeks of treatment, there was further significant improvement in my condition.

I continued my Allopathic medication with his Natural Program. I had to take many capsules, but I was determined to take them with faith which was further re-enforced because of the results I was continuously experiencing every week.

Continued on Page 2 ...

DR. PRAVIN B. KENIA

M.B.B.S. (Bom.) M.C.P.S. (Bom.)
PHYSICIAN AND SURGEON
Reg. No. 23331



MEDICO DENTAL CLINIC

• TOTAL CHECK-UP • E.C.G. • SCREENING • X-RAY • PATHOLOGY,
• FAMILY PLANNING • VASECTOMY-VACCINATION • DENTAL & ORTHODONTIC
TREATMENT CENTRE

DR. NIRU P. KENIA

B.D.S. (Bom.)
DENTAL SURGEON

CLINIC: "NATRAJ", N.S. ROAD NO. 2,
JVPD SCHEME, VILE PARLE (W)
BOMBAY-400 056.

• PHONE: 614 36 86

RESI: 46, KASHI VISHWANATH, 3RD FL.,
N.S. ROAD NO. 7, JVPD SCHEME,
VILE PARLE (W) BOMBAY-400 049.

• PHONE: 620 72 84 / 620 74 49

First month was soon over and he gave me another Calendar and more advice for the second month during the second appointment. I was continuously monitoring my BP three times a day and now all readings were under control (130/60). So I started small reduction in my Allopathic Hypertension medication. My Diabetes was under control, Urine Albumin, Serum Creatinine, Cholesterol, Lipid Profile readings all improved.

At the end of the second month, my early morning Blood Pressure came down to 120 / 60 and during the day my BP started remaining below 130 / 60 mm of Hg. I began further reduction of my Allopathic Medication as sometimes the BP dropped to 100/60 and I started feeling uncomfortable.

My Nephrologist, Diabetologist and Cardiologist also agreed that my readings I have improved and I am doing very well and agreed to allow me to a trial reduction in all doses.

Before I had come to Health Counselor Pramod Vora, I had undergone Angiography, Stress Test, 2-D Echo, etc. My 2-D Echo done 8 weeks after beginning the Drugless Therapy has improved and urine albumin for 24 hours had gone down. My 24 hours Creatinine Clearance Test has also improved. My 2D Echo showed that the enlarged Left Ventricle had finally returned back to its normal size.

For the 3rd month Health Counselor Pramod Vora has given me a much reduced Herbal and Nutritional Supplements Program which has fewer capsules and I am feeling even more energetic.

I am thankful to Health Counselor Pramod Vora for his good treatment and for taking Personal Interest in my case.

I recommend him for all types of Chronic and difficult cases, and for Detoxification of Body where his Herbal and Nutritional formulations are very effective. I am happy to recommend his Oral Chelation Therapy to any one who is in need of a complete Cardiac Overhaul.

Dr. Pravin B. Kenia, M.B.B.S. (Bom), M.C.P.S. (Bom)
Family Physician and Surgeon

Health is not merely the absence of disease, but it is a physical & mental well being.

TIME: 9 a.m. to 12 noon • 6 p.m. to 9 p.m.

Dr. Rajendra Vora M.B.B.S. (Bom.)

Dr. Vora's Clinic

Radheshyam Singh Chawl, Dhobi Ghat, Vakola Bridge, Santacruz (E) Mumbai 400 055.
Tel: (Dis) 613 0599 (Resi) 612 7048

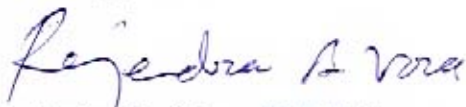
To Whom It May Concern

About 1 year back, I had the opportunity, of bringing my close relative, a lady of 55 years, who had been advised a By Pass Surgery way back in Nov 1999 as she had a 90% blockage on the left side. By July 2001 her left side had reached 100% blockage and her colaterals showed 60% blockage. She was panting badly after even a few words and her movement in her own home was highly restricted. Climbing a stair case was impossible. But she refused surgical intervention, in spite of my advise and her own husbands pleadings. Finally, we brought her to Health Counselor Vora's Health Center at Andheri. He also advised her to undergo By pass Surgery. However she once again refused. With a comparatively simple Protocol that he Custom Designed specially for her, she gradually became symptom free over the next 12 weeks of treatment. As a matter of fact she could move around in her house within 4 to 6 weeks of beginning the Program and two months later did a trip to Palitana. A few months later she did a second trip to Palitana. Today 1 year later and after a six months of treatment she is almost symptom free and is leading a perfectly normal life. She was truly fortunate to have met Pramod and to have seriously implemented his Protocol which she religiously did. His Protocols are a Drugless Therapy without any use of Chemicals, Steroids or Hormones; safe, totally Natural and Non invasive.

I and my wife have also done his Detoxification Program and noticed a marked improvement in the functioning of our bodies. As a matter of fact it left a youthful glow on our face which was noticed by everybody. I recommend every Doctor to experience it.

I am truly happy to have met Pramod and wish him all success in Modernization of Medicine and Ayurveda and in his Quest for Perfect Health for all and in continued education of the Medical Profession.

Sincerely yours,



Dr. Rajendra Vora, M.B.B.S.
Family Physician & Surgeon

D. M. Sheth & Co.

CHARTERED ACCOUNTANTS

D. M. Sheth

B. Com., A.C.S., F.C.A.

5, Archana Building,
Tagore Road,
Santacruz (West),
Mumbai-400 054.
Tele : 649 32 45

Date _____

3rd April, 2003

Dr. Pramod Vora,
Natural Health Center,
Marol Sagbaug,
Andheri East,
Mumbai 400 059

Dear Dr. Vora,

As required by you in our personal meeting on 28th ultimo, I am sending herewith photocopies of Pathological Reports of Taraben Sheth for your file.

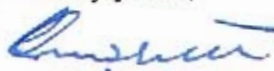
You are aware, the treatment of my wife is almost 1½ months old. I consulted you for her acute problem of hiper tension, diabetics and walking difficulties. I am glad to inform that as a result of your treatment, her blood pressure which was remaining 200-210/100-110 has come down substantially and presently it has stabilised between 140-160/80-90. This is a great relief. She is also able to walk reasonably.

Earlier, she was taking Deonil 5 mg 2 tablets daily. Your treatment has also helped on this count and without taking any tablet, her diabetics both at fasting in morning and post-lunch is coming within reasonable limits.

Thus, you will observe your treatment is helping her and I hope she will be out of her ailment on completing the course of your treatment.

With regards,

Sincerely yours,



D.M. Sheth

Encl: As above

August 28, 2001

TO WHOM SO EVER IT MAY CONCERN

I have personally experienced the Detoxification cum Rejuvenation Herbal Program of SpaceAge Natural Health Care Center. I have also experimented with their recommendation for lowering my Blood Pressure (for which I have been on Allopathic Medication these last 10 years).

I have achieved a 7kg (15lbs) reduction in weight without any alteration in my regular dietary habits and also experienced significant lowering of my Blood Pressure.

It has left me feeling lighter and more Healthy then I have felt in the last 10 years and have produced a youthful look on my face. I now look a few years younger than my Physical Age.

The Healthcare concepts developed by SpaceAge are very innovative and credible and their knowledge of Preventive Health Management is excellent.

I have no hesitation in recommending others to also experience SpaceAge Herbal Detoxification cum Rejuvenation and Nutritional Healing Programs.

Dr. B. GOPALAN EZHUTHACHAN
M.B.B.S.
Manish Nagar, J.P. Road, Andheri-53.
Nootan Nagar, Guru Nanak Road, Bandra-50.
REG. No. 29470

Dr. Balchand Gopalan, M.B.B.S.

Dr. Arief H. Shaikh

LCEH, MRSH. (LON).
(Consulting Homeopathic Physician)
CLINICS

6, Atlantis, Picnic Cottate
7, Bungalows, Andheri(W)
Mumbai - 400 061.
Phone: 623 6506
Time : 9:30 a.m. to 11:30 a.m.
5:30 p.m. to 7:30 pm.

Ayesha Clinic:
Near Madina Masjid
Mahavir Chowk, Juhu Lane
Andheri (W), Mumbai 400 058
Time : 11:30 a.m. to 2:00 p.m.
7:30 p.m. to 11:30 pm.

Date: 25.09.2001

TO WHOM SO EVER IT MAY CONCERN

I had come to SpaceAge Natural Health Care Center with multiple Chronic complaints, such as: Migraine for last 20 years; Lower back pain and neck stiffness since last 15 years; Numbness & Tingling of both hands and legs 10 years duration; Gastrointestinal Problems such as Constipation and Acidity for last 20 years; Loss of memory and Concentration; Nocturia; Left side involuntary movements of the Facial & Eye muscles (after extensive Dental Root Canal work was done); and substantial Loss of Hearing.

I started on Detoxification, Rejuvenation and Hormonal Imbalance Correction Ten Weeks Program of SpaceAge Natural Health Care Center on August 1st.

I have achieved excellent results, which are unbelievable, within the 1st five weeks itself. Now in my 8th week of the Program. I have been cured of almost 90% of my Chronic Ailments. There has been a very substantial improvement in my Hearing.

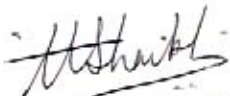
I thank SpaceAge Center for this remarkable change which has left me feeling lighter and more healthy then I have felt in the last 20 years. It has produced a youthful glow on my face. People have told me that I now look a few years younger than my physical Age.

The Healthcare concepts devised by Mr. Pramod Vora are very innovative and his knowledge of Natural Health management is excellent.

I have no hesitation what so ever in recommending my Patients with Chronic Complaints to also experience SpaceAge Herbal Detoxification cum Rejuvenation and Nutritional Healing Program.

Thanking you,

Sincerely yours,



Dr. Arief H Shaikh, LECH
(Consulting Homeopathic Physician)



Reg. No. I - 3161 - A

G. F. A. M. (Bom)



Resi. : 4, Chandra Darshan,
Bhanushali Lane, Ghatkoper - E,
Mumbai - 400 077.
Phone : 512 31 91

I have great pleasure in giving a testimonial to Shree Pramod Vora who gave me treatment for persistent Systolic hypertension of about six to seven years duration.

He gave me two long sessions for history - taking and counselling, each session of more than one hour duration, During which he was very particular to know in detail about all the aspects of my case.

I appreciate his multi angular as well as holistic approach with good clinical judgment after careful and thorough study of my case and I also appreciate the treatment he gave to me, particularly Ayurvedic herbal formulae - which proved to be a wonderful boon to me.

I must say that I was benefited only after four to six weeks of treatment, although the whole course of treatment was for three months. On the whole it was a smooth course and the response remained steady and sustained.

My family members and my self are really grateful to him and will always remain so, for what he has done for us.

With good wishes.

Dave PP

Dr. Praful Dave

THE TIMES OF INDIA

Monday July 15, 2002 www.timesofindia.com Pages 28 Price Rs. 3.00

Bombay Times



Yukta Mookhey

NO MORE STARVING, DECLARES YUKTA

Former Miss World's realised that crash dieting can be detrimental to one's health

ROSHNI OLIVERA
Times News Network

Former Miss World Yukta Mookhey has a word of advice for all those on a crash diet. "Don't diet at the cost of your health." Yukta's fractured her left hand. It's been an eye-opener for her and she's learnt the detrimental effects of dieting.

"No more starving," says Yukta. "Doctors told me that I was calcium deficient because of all the dieting I did in the past three

years," she says, "Now I realise that a drastic diet is not really worth it."

Having realised this, Yukta strongly feels, "The whole mind-set of being thin equates to being attractive must change."

Yukta suffered a multiple compound fracture on her left hand last Tuesday, and had to undergo minor surgery. "My uncle, an orthopaedic surgeon, asked me if it was worth starving myself like

this," she says. Dr Pramod Vora, a specialist in holistic medicine, who's treating Yukta, says, "Many young girls suffer fractures due to brittle bones. It's because they fol-

low the wrong technique of weight reduction and create a nutritional imbalance in the body."

Yukta started dieting in 1999 and lost about 7 kgs. From aloo parathas and badam milk, her diet changed dramatically to boiled vegetables and fruits.

Today, she eats and thinks differently, "We Indian women should be proud of our voluptuous bodies which have as much grace."

Yukta's going to be more cautious now: "Eat the right kind of food and work out as well." Her family's thrilled too. Her 22-year-old brother Kanwal's written on her plastered arm—"You look pretty even with broken bones."

But, no more broken bones, Yukta promises.

roshni.olivera@timesgroup.com

HEALTH MATTERS

August 24, 2001

TO WHOM SO EVER IT MAY CONCERN

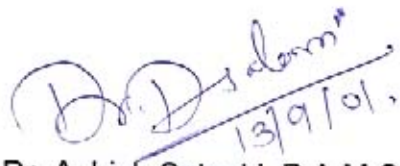
This is to certify that I began a Herbal Detoxification cum Rejuvenation and Weight increase Program with SpaceAge Natural Health Care Center in April 2001.

I have increased by 4kgs in the first 4 weeks of the treatment. The Detoxification cum Rejuvenation has left a Youthful Glow on my face.

As of today my weight is 65kgs which is 7kgs increase over my earlier weight of 58kgs; my height is 5ft 10 inches.

I have received compliments from my family, friends and colleagues.

I am impressed with the Health Care Technology at SpaceAge and do not have any reservations to recommend others from benefiting from the same.


13/9/01.

Dr. Ashish Solanki, B.A.M.S.

Thank you very much[∞]

world needs good physician like you to
promote Natural Health Care in the best of form.

Dr. More's Testimony

I am Dr. Yeshwant More, M.B.B.S. (Bom), M.C.P.S., D.G.O., SEM, exmedical Superintendent of Rajawadi Hospital, Ghatkopar and R.N. Cooper Hospital, Juhu Vile Parle and O.S.D. in Health Department of BMC. I retired a few years back from the Cooper Hospital in Mumbai after a long career stretching over 32 years as the Superintendent / Chief of Staff of the Hospital. I am 64 years old having passed from the Grant Medical College in Mumbai in 1965.

My wife Dr. Kusum More, M.D., D.G.O. is a Gynecologist who has also retired a few years back as Senior D.M.O. of Chief of Staff of the Western Railway Hospital. She is 63 years old having passed from the B.J. Medical College Ahmedabad in 1964 and there after did her Post Graduation in Gynecology and Obstetrics in 1968 in Bombay.

We own a Nursing Home in Kurla, Mumbai since the last 32 years.

Our son Dr. Tushar, M.B.B.S., D.A., Bombay and daughter Dr. Suchitra, M.D., D.G.O., Bombay and daughter in law Dr. Vinal, M.S., Bombay and brother Dr. S.N. More, B.A.M.S., are all Doctors. So you can see we are a family of Doctor who collectively represent over a 100 years of clinical experience.

What I am about to relate to you is a mind boggling and astounding story of Natural Health Care recently experienced by our family.

My wife Dr. Kusum developed serious Diabetes during her first pregnancy, two months prior to delivery of our first child. She went into Ketosis in August 1967 and had to be rushed to the hospital. After delivery on October 6th there was no trace of Diabetes.

In 1975 Diabetes was again detected and controlled through oral medication. After the loss of our daughter in April 1978 she again went into Ketosis and had to be once again rushed to the Jajivan Ram Hospital in ICC Unit. She was immediately put on Insulin which she had to take for 3 months and later switched over to oral medication by which she was able to maintain normal blood sugar levels. Subsequent in two pregnancies she had no trace of diabetes.

In 1979 she lost her mother and immediately suffered Myocardial Infraction in September 1980 and had to once again start taking insulin.

Over the years the dose of Insulin gradually increased from the year 1998 and finally reached 30 units in the morning + 30 units in the evening = total of 60 units of insulin per day. Even with this dose of 60 units per day, there was no proper control of her blood sugar.

Her overall health condition gradually deteriorated and in her Stress Test in Jan 2001 was Positive in 2001. Dr. Kusum's Angiography report showed severe blockage in LAD and Collaterals (April 2001).

By January 2003 she was suffering from the following symptoms:

Breathlessness on exertion and during bath
Cramps in feet and legs
Neck Muscle pain, cervical and lumbar spondylitis
High frequency of urination
Hip Joint Pain
Back ache
Dryness of skin along with burning sensation on cheeks and mouth area
Pain inside throat and behind the ears
Pain in lumbar region and sacroiliac joint
Dark Circles around the eyes
Reduced ~~of~~ hearing in left ear
Hot Cold Flashes
Swollen Feet / Ankles
Breast tenderness
Mood swings / Depression
Insomnia
Dry Aging skin
Anger / Irritability

She was taking the following allopathic medication for treating the symptoms of the diseases:

Atenolol 50mg twice a day
Angispan 6.5 mg twice a day.
Coversyl 4mg
Euglucon 2mg
Teralfa 1mg
Atenovastin 20mg
Alprax 0.25mg
Myodrops

I had been routinely receiving announcements of Health Counselor Pramod Vora's Seminars for Doctors in the Juhu Area and had the opportunity of attending some of them and learning more about the other point of view, where Modern Medicine focuses on the study of Wellness and Prevention of Disease as opposed to Western Medicine which is a very detailed study of Sickness and Diseases and its symptomatic treatment without any hope of cure. He spoke many times about the use of Orthomolecular Medicine to correct Nutritional Deficiency at intracellular levels, which was the root cause of all Cardiovascular Problems and Diabetes. Frankly speaking, I was impressed with his knowledge and the results he was achieving at his Health Center in Mumbai and the very large following of Patients who were qualified senior Doctors of Bombay that he

had had the opportunity to help. In my 35 years career at various Hospitals in Bombay I had not seen anything like it. I also had the opportunity of attending / had received the proceeding of his Seminar on By Passing the By Pass and Lower Hypertension on January 19th of 2003 where I heard the live Testimony of two very Senior Doctors Dr. Pravin Kenia and Dr, Praful Dave who had been helped to overcome their very chronic Cardiac, Hypertension and Diabetic challenges which were not responding properly inspite of extensive Allopathic Medication that they were on.

So one fine day, in Janunry, my wife Dr. Kusum and myself took an appointment and decided to go and talk to him and find out what his recommendations were. He studied Dr. Kusu's past medical records and spoke to us in detail for over one hour. Later on that evening, after we had left, he wrote out a Protocol of Treatment for her after studying in detail the medical records that we had left with him. The Protocol was a result of the Root Cause investigation, diagnosis and treatment.

We started the Treatment in early March 2003 based on his Natural Protocol comprising only of Herbs, Nutritional Supplements and some Dietary Changes. There were no drugs, chemicals or steroids or hormones involved in his recommended treatment. The Protocol addressed all areas of imbalance of the body, like pH, Fat Mass Reduction, Nutritional deficiency, blood sugar levels, Hormonal Imbalance, Complete Cardiac Overhaul, Detoxification and correction of Dietary Imbalances.

The Protocol appeared so simple, that it was difficult to believe at first that it could bring the body of Dr. Kusum with its chronic problems spanning over two decades back to normal. But with each passing week we began to notice that the Blood Pressure and Blood Sugar and Cardiac symptoms began to diminish and she was able to reduce her dependence on the allopathic medication which she had been taking for the past two decades.

Being worried about her Angiograph which showed extensive blocks on left side and collaterals, we had tried last year a product called Myodrops for over six months with some success. The symptoms of Breathless just did not improve even after administering this Herbal formulation for twice the duration normally recommended by Dr.

Now within a few weeks of starting the Program we noticed her condition began to improve noticeably. Her breathlessness disappeared and she could resume her walks and could climb stairs without any difficulty.

With the diminishing of the Hormonal Imbalance her hot flashes reduced, water retention in her feet and ankles disappeared and she become calmer and more relaxed, less irritable, loosing her temper less frequently, and the confusion in her mind began to diminish and she became more focused and decisive rather than the mental confusion and turmoil of the past. With each passing day the

symptoms kept reducing and she became a very pleasant and easy going person like she was many years back.

Her Hypertension medication was reduced gradually and her insulin levels were cut back each week a little at a time. On June 25th she was taking 4 units of insulin the morning and 6 units in the evening. Her Blood sugar levels were Fast = 93mg/dL and PP = 120mg/dL. By July 7th she had totally stopped insulin and was able to maintain proper sugar levels by following proper dietary habits.

In early September 2003 she was only left on Atenolol 25mg b.i.d. and her Diastolic was going precariously low to 70 and below and she was constantly complaining of giddyness. Health Counselor Pramod Vora recommended that we maintain her diastolic around 80 which per body was comfortable with and not to overdose her with Atenolo^x. We have therefore reduced her to 12.5mg Atenolol twice a day and look forward to the disappearance of her discomfort.

On the recommendation of her Cardiologist, her Insulin levels in September 2003 are 8 units in the morning and 10 units a night. We could easily switch over to a tablet at this stage but would like to continue with this minimum dose of Insulin for some more weeks as the Cardiologists normally recommend Diabetic patients to take insulin over tablets. This is a great improvement over the $30 + 30 = 60$ units of insulin that she was taking in the past.


Her ECG reports are normal and her LVEF is 65%. She is now able to climb the staircase and go up 3 floors of a building non stop without panting.

We are more than completely satisfied with achievements of the Protocol drafted by Health Counselor Pramod Vora and do not mind recommending him to any motivated person seeking genuine health care for any chronic health challenge they may be facing .

I am sure he has the wisdom and insight to determine the root cause of any chronic ailment and to diagnose it and come up with a Natural course of treatment for it.

I am thankful to health Counselor Pramod Vora for his good treatment and for taking Personal Interest in my case.

I recommend him for all types of Chronic and difficult cases, and for Detoxification of Body where his Herbal and nutritional formulations are very effective. I am happy to recommend his Oral Chelation Therapy to any one who is in need of a complete Cardiac Overhaul.


Dr. Yeshwant More


Dr. Kusum More September 13, 2003

Dear Dr. Vora,

Firstly heart felt greetings to you and Congratulations!! on your achievements.

Trust all is well at your end and at the clinic.

I am really very grateful to you for sparing your precious time in sending such a detailed email to update me about the events that occurred in the past six months.

Congratulations!! once again on becoming the Faculty Member of the International Antiaging Forum and for being able to present your paper at various conferences.

I am grateful to you for appreciating my miniscule contribution if any, towards your paper presentations and also glad to be a part of the clinical studies at the centre.

The Detoxification program done at the centre for me and my family did a lot of positive changes in each one of us in different areas of imbalances that we had.

I am aware of the capabilities of the program and have also experienced the same. The knowledge that i have gained at the centre under your guidance cannot be explained in words. It has changed my approach towards life and towards medical treatment in total and I am grateful to you for that. Now, I have become more calmer and started analyzing different aspects of a problem before making a decision.

I was attending to my mother's health in the last few months as she needed lots of physical rest and emotional support as she is passing through her menopause. Hence I accompanied her to my native place in the month of May during my children's school vacation. Her Hemoglobin has risen to 14g% thanks to your medical advice.

I have not repeated my blood tests lately as i was more involved with that of my mother's.

I wish you all success in all your future endeavors and projects and rocket speed in completing the textbooks of medicine as they will bring about a world of change in the field of medicine, both in their approach and in the treatment.

Do let me know, if you need my little contribution in any ways in your projects.

Please shower your blessings on me and my family at all times.

Wishing you success !!

Best wishes and regards,

Dr. Resmi Jimmy Nair Mukkalath. M. B. B. S.

June 26, 2009

[Dr. Resmi, an MBBS Doctor was one of my first students, way back in the year 2008:

Here is what she wrote to me, one and a half decades later, on Teacher's Day this year 2023:

September 05, 2023 - Teacher's Day

05/09, 08:03] Dr. Resmi Jimmy Nair Mukkalath: Good morning Dr Vora

Wishing you a Happy Teacher's Day

You have been a Great Teacher Path and Thought Changer ..made me approach treatment in a different light which I still follow...May almighty shower you with a long Happy Healthy life



r

[05/09, 09:11] Pramod Vora: Dear Resmi,

Thank you for your kind words.

Much appreciated.

You too have been a very good student and I do miss you.

Remember, good students bring out the best in their gurus and raise him or her to higher levels.

The role of guru and student constantly reverses as it is a very symbiotic relationship.





CHAIRMAN'S OFFICE
GOPAL A. VAZIRANI

THE WILLINGDON SPORTS CLUB
MUMBAI-400 034.

July 25, 2000

Mr. Pramod Vora,
Space Age,
Natural Health & Beauty Care Centre,
No. 9/123 Marol Co-op. Industrial Estate,
P.O.Box 7432, J.B.Nagar Post,
Sagbaug,
Andheri (East),
Mumbai 400 059:

Dear Mr. Vora,

Your reference has been given to me by one of our friend Mr. Hasmukh Shah.

In the meantime I have gone through a small write up on Health Care - Naturally! I am quite impressed.

I would be interested to see that the members of our club are benefited from your knowledge and experience and I was wondering if you could kindly agree to come as a speaker at our club.

I await to receive your comments.

Regards,


GOPAL VAZIRANI



LADIES' WING, INDIAN MERCHANTS' CHAMBER

GAURI POHOOMUL
PRESIDENT

21st July, 2000

Mr. Pramod Vora,
Mumbai.

Dear Hr. Vora,

Thank you very much for addressing the members of the Ladies' Wing on Wednesday, 5th July, 2000

It was certainly a great meeting and went much beyond our expectations. The members were extremely happy that they were able to discuss and get information on the Hormone Crash!!!

We wish you good health and wisdom and the very best in all your future endeavours.

I am enclosing a photograph which you may add to your memorabilia.

Thanking you with best wishes

Warm Regards,

G. Pohoomul

Gauri Pohoomul
President

WOMEN WORK WONDERS www.com





COMMUNITY
COUNSELING
CENTER

Helping People Help Themselves

January 12, 2001

Paul Vora, Director
Spaceage Natural Health and
Beauty Care Center
27126B Paseo Espada #705
San Juan Capistrano, CA 92675

Dear Paul:

We at the Community Counseling Center of San Juan Capistrano wish to thank you for your contribution to our Community Enrichment Program on Thursday January 11, 2001.

Your presentation on "Positive Weight Release" was outstanding and it was clear that the participants received the information well. It was so very refreshing to have this information presented in place of the usual diet and exercise programs.

We appreciate your time and expertise shared with the community at our center. We recognize the value of your contribution.

Sincerely,

Joanne Lister, Co-ordinator,
COMMUNITY ENRICHMENT PROGRAMS



A United Way Service Provider

The Community Counseling Center of San Juan Capistrano
27514 Calle Arroyo, San Juan Capistrano, CA 92675 949-493-7333 FAX 493-9762

"Supported by Public Alcoholism Funds"



Thane District Medical Practitioner's Association

Krishnamrut Society, Creek Road, Mahagiri, Thane (W)-400 601. ☎ : 2536 93 09, 2534 48 53
Reg.No. : F-10355/Thane Dt.30 -4-2002

PRESIDENT

Dr. M. P. Shah
M. 9870314727

VICE PRESIDENT

Dr. Ramesh Chhajed
M. 9820692275

Dr. R. P. Sharma
M. 9870405133

Dr. Shashank Powar
M. 9820246734

GEN. SECRETARY

Dr. Kishor S. Jain
M. 9820499006

ZONAL LEADER

- I - **Dr. Ram Mali**
M. 9820147066
- II - **Dr. (Mrs.) S. M. Nigalye**
M. 9820344702
- III - **Dr. (Mrs.) Poonam Powar**
M. 9869338767
- IV - **Dr. Hemant Wankhede**
M. 9869041214
- V - **Dr. Yashwant Godse**
M. 9867719193
- VI - **Dr. Dinesh Gangwal**
M. 9322101456

ZONAL CO-ORDINATOR

- I - **Dr. V. S. Kulkarni**
M. 9869177267
- II - **Dr. Sudhir Ranjalkar**
M. 9820889212
- III - **Dr. M. K. Khan**
M. 9870202640
- IV - **Dr. (Mrs.) Panna Thakkar**
M. 9325551889
- V - **Dr. M. M. Mane**
M. 9867229567
- VI - **Dr. (Mrs.) Shilpa Shelke**
M. 9226075097

TREASURER

Dr. M. G. Mota
M. 9821042294

Scientific Seminar Co-ordinator

Dr. R. G. Rajput
M. 9323945201

Dr. M. V. Bhat
M. 9869025524

Sports Committee

Dr. D. N. Dangat
M. 9821748900

Dr. Chetan H. Sapkal
M. 9820809052

Ladies Wing Co-ordinator

Dr. (Mrs.) Maria Ashirwadani
M. : 9324080190

Dr. (Mrs.) Afroz Merchant
M. 9820390619

DATE:- 4/1/2010

To,

Dr. Pramod Vora,
Space Age Centre,
Marol, Andheri,
Mumbai.

Sub:- Sponsoring the "TDMPA MEGA
EVENT"

Respected Sir,

Accept our best wishes for a "Happy & prosperous
New year".

We the TDMPA (Thane District Medical
Practitioner's Association) is an association of 1100
doctors working relentlessly since about last 25 years for
citizens of Thane.

We are aware of the research work you do and we
admire and appreciate your work for the betterment of
mankind.

TDMPA is arranging an event in which 300 to 400
doctors will be participating. It will be honour if you
arrange a presentation of the devoted research work you do
so that all our doctors come to know about your noble
work.

Hope to do needful and oblige.

Thanking you with warm regards,

Yours sincerely

Dr. M.P. SHAH
PRESIDENT TDMPA

M. B. VORA
B. A., BARRISTER-AT-LAW

TEL. : 387 26 49

DADABHAI MANZIL,
CONGRESS HOUSE,
VITHALBHAI PATEL ROAD,
MUMBAI - 400 004.

DATE 11th April 2004

Dear Pramod.

Your presentation of Chronic Ailments handling through Natural Nutrition was perfect. Theme, Tone, body movements, depth, sincerity were unique. Reimbursement of the human body of its deprivations for the last century. was judiciously discussed. Affluent society among the human beings is to be made energetic to make life on earth humane. Your reference to Nile for delicious food and to China for their smiling face due to a particular type of food shows your global approach - you were good enough to ^{refer to} Salt of Mahatma Gandhi, and plantains which are within the reach of ordinary human beings.

You were heard by all with attention and I am sure that the seminar has made deep impression on them.

Yours Sincerely,
M. B. Vora.



THE WILLINGDON SPORTS CLUB

K. Khadye Marg, Tulsiwadi,
MUMBAI - 400 034

Tel : 494 5754 Fax : 91-22- 492 5802

September 21, 2000

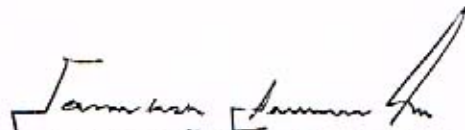
Mr. Pramod Vora
SpaceAge
Natural Health & Beauty Care Centre,
#9/123 Marol Co-op. Industrial Estate
P.O. Box 7432, J. B. Nagar Post,
Sagbaug, Andheri (East),
Mumbai - 400 059.

Sir,

This is to confirm that your talk has been scheduled for 8th October at 10.30 a.m. at the Club premises.

Please let us know your requirement of training aids.

Yours faithfully,


Lt Col (Dr) K K Puri, Ph.D.
Secretary

**Bombay Management Association**

November 05, 2001

Dr. Pramod Vora

Space Age
9/123, Marol Co-op. Industries Estate
Sagbaug
Post Box No. 7432
Andheri (East)
Mumbai 400 059

Dear Dr. Vora,

Nutritional Healing: Detoxification & Rejuvenation
An Evening Lecture Meeting by you for the Members of BMA

This is further to the personal request made by Ms. Pushpa S. Shah in organising an Evening Lecture Meeting by you for the benefit of BMA Members.

We thank you for kindly agreeing to address the BMA members on **Nutritional Healing: Detoxification & Rejuvenation** on Thursday, 29th November, 2001 at 5.00 p.m. The venue of the programme will be: 'Sea-View Conference Room of BMA at 9, Podar House, 3rd Floor, Netaji Subhas Marg ('A' Road), Churchgate, Mumbai 400 020.

As we have to announce the programme, latest by tomorrow, we would appreciate your sending us the objectives of the programme along with your brief resume, by return email / fax, for insertion in the announcement.

With kind regards,

Yours sincerely,

R.K. Chopra
Executive Director

cc : Prof. P.L. Arya, President, BMA
cc : Mr. S. Banga, Chairman, Membership Services Committee
cc : Ms. Pushpa A. Shah, Co-ordinator of the programme

Ca pushpa@yahoo.co.in

Mr. Jose



ROTARY INTERNATIONAL THEME
2000-2001

R.I. President: Frank Devlyn

Dist. Governor: Kumar Kewalramani

ROTARY CLUB OF BOMBAY SEACOAST

President:

Ashok Chandavarkar

401 Gilder Villa,
17, Master Vinayak Cross Road
Bandra (W), Mumbai 400 050
Tel: Res.: 640 2161 / 651 8784

Off.: 6780972

Fax: 678 6393



R.I. Dist. 3140

Rotary Year 2000-2001

Secretary:

Ashok Mehra

G1/G2, Saujanya, Plot 527-B,
16th Road, Khar (W),
Mumbai 400 052

Tel.: Res.: 646 2214, 646 2227

Off.: 648 4831, 649 8192

Fax: 604 2373

Imm. Past President

Dr. Surendra Soneji

O - 648 0116, 649 7851

R - 362 4488

President - Elect

Director Club Service - I

Dr. Ashok Kothari

O - 649 4535

R - 612 3403

Vice President

Jayanti Parmar

O - 624 4196, 624 6494

R - 480 3092, 668 1929

Joint Secretary &

Director International Service

Rajesh Shah

O - 631 8485, 630 2303

R - 620 3703

Treasurer

Sudhir Seth

O - 838 5961, 832 0397

R - 604 8499, 649 2889

Sept - at - Arms

Amar Bajaj

O - 604 2158, 604 2161

R - 604 2158, 604 2151

Directors:

Community Service - I

Anil Patel

O - 838 5404, 832 0605

R - 639 2791, 690 4093

Community Service - II

Swati Kotak

O - 372 6564, 373 0207/8

R - 631 5855, 634 7258

Community Service - III

Ratnesh Desai

O - 266 2031

R - 614 0546, 611 8090

Community Service - IV

Manohar Khatri

O - 617 0778

R - 618 3770, 615 0997

Vocational Service

Bhupatray Vithlani

O - 632 8985

R - 632 7282, 631 2520

Rotary Foundation

Manjit Singh Kohli

O - 832 7732, 832 7734

R - 646 4626, 649 4037

Special Project:

Programmes

Ravi Kumar

O - 871 7328, 874 2189

R - 620 6190, 620 5953

Public Policy

Sudesh Verma

O - 374 2677/8, 372 1061

R - 604 4315, 649 2452

November 7, 2000

Dr. Pramod Vora

SPACEAGE, PLOT 9/123,

Marol Co-op. Industrial Estate

Marol, Andheri (East)

MUMBAI 400 059.

Dear Vora ji,

This has reference to the discussions had with you by our Director Rtn. Ravi Kumar. We are pleased to invite you as our Guest Speaker at our Rotary meeting on 30th November, 2000. Our meeting will be held at Hotel Centaur, Juhu at 8:30 P.M.

Our meetings generally commence with fellowship at 8:30 P.M. and the meeting is called to order at 9:00 P.M. (sharp). The entire meeting lasts for about one and a half-hours i.e. from 8:30 P.M. to 10:00 P.M. followed by Dinner.

During this meeting we would request you to give us a talk for about 30 minutes on the subject "WHAT EVERY MAN AND WOMAN SHOULD KNOW ABOUT HORMONE IMBALANCE", followed by some questions and answers.

We would appreciate if you could confirm that you have blocked your diary for Thursday 30th November, 2000. Please send your bio-data to the undersigned or Rtn. Ravi Kumar as a token of your acceptance of our invitation to speak to our Club Members.

Thanking you and with best regards

Yours in Rotary

Rtn. ASHOK KUMAR MEHRA

Secretary.

CC. to **Rtn. Ashok Chandavarkar**
President

Rtn. Ravi Kumar
Director Programme



Indian Medical Association

MUMBAI WEST BRANCH

(Regd. Under Bombay Public Trusts Act - 1950, No. E-3419)

IMA Building, J.R. Mhatre Marg, Behind Chandan Cinema, J.V.P.D. Scheme, Juhu, Mumbai-400 049.

Telefax : 2625 4368 Tel. : 2620 6517 / 6523 5579 • Email : imamumbaiwest@yahoo.com

OFFICE BEARERS 2007-2008

PRESIDENT

DR. AKIL CONTRACTOR

M : 98920 84360

HON. SECRETARY

DR. JAYESH LELE

M : 98212 20519

VICE PRESIDENT

DR. B. M. INAMDAR

M : 98330 54054

HON. TREASURER

DR. SUBODH KEDIA

M : 98204 04753

IMM. PAST PRESIDENT

DR. VINAY SARAF

M : 98212 38668

HON. JOINT SECRETARY

DR. ASHOK BALSEKAR

M : 98205 35802

Ref. No

Date : 22.04.2007

To,

Shree Pramod Vora
Holistic Educator
Mumbai.


Respected Sir,

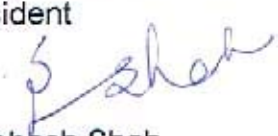
This letter is to express sincere thanks and appreciation for the excellent lecture delivered by you on the topic of **"Holistic Management of Obesity"** on Sunday, 22nd April 2007 in our special half day seminar on **"Obesity, Its Management Including Surgery"**. The rich contents & the effective style of presentation were appreciated by all.

We shall be looking forward to many more such associations with you in future.


Thanking you once again & with best regards.


Yours Sincerely,


Dr. Akil Contractor
President


Dr. Subhash Shah
Asst. Director of Studies

IMA - Mumbai West C.G.P. Sub Faculty


Dr. Jayesh Lele
Hon. Secretary


Dr. Bharat Trivedi
Asst. Secretary