

## **Appendix - III**

# **Areas of Imbalance in the Body**

### **(Diseases or Symptoms)**

Dear Health Care Provider,

Consider for a moment that diseases listed in **Harrison's Principles of Internal Medicine** as symptoms, due to imbalances in the body.

Here are the 5 areas of imbalance in the body which actually need to be treated / corrected:  
(Our Questionnaire focuses on finding these out: <http://www.space-age.com/Questionnaire.doc>).

1. Toxins (including heavy metal, hormone and energy field toxins - Electronic Smog)
2. pH Imbalance
3. Intracellular Nutritional Deficiencies
4. Hormonal Imbalances  
(I have added Hormones, but actually the foundation for naturally producing hormones is nutrition)
5. Energy Field Imbalance in the Chakras embedded in the Endocrine System

If diseases listed in Harrison are symptoms, then the areas of imbalance in the body which need to be corrected can be the real diseases in the body which need to be treated.

In Preventive Medicine you investigate the root cause of a disease and treat / correct the cause, but do not treat the symptom or shall I say disease as defined in allopathy.

The symptoms go away on their own when the root cause is correctly identified and treated.

In Preventive Medicine, drug induced symptoms are not to be treated, but need to be isolated. They disappear when the prescription drugs that caused them are titrated downwards, which happens when the imbalances are gradually corrected.

The three areas of imbalance - Toxins, pH and Energy Field Imbalances are mentioned in Ayurveda. To this, I have added Nutrition as this is a man made problem of recent times. Hormone Imbalance (besides having its roots in nutritional imbalance) is also an environmental problem due to presence of petrochemical products in our environment. These synthetic hormones (xenoestrogens) are also toxins that need to be neutralized or eliminated from the body. Unfortunately, many of these are not biodegradable and many synthetic hormone prescription drugs have numerous side effects as well. Energy field pollution or Electronic Smog, is also a man made creation and needs to be neutralized.

The scope of Toxins has been expanded to also include heavy metal toxins such as aluminum, arsenic, cadmium, lead, mercury, nickel, etc. which have entered the environment and have created serious imbalances / chronic diseases in the body, at well below their lethal dose levels. There is an urgent need to return the body back to the same levels of these metals as found in unexposed population.

Trust an explanation of this concept will be helpful in your study of evolving standards of preventive and anti-aging medicine.

Blessings,

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**🔵 Zoom Meeting ID: 407 826 4641 (for video consultations by prior appointment)**

(For the complete paper on detoxification and rejuvenation please download:  
<http://www.space-age.com/Detox.pdf>)